**Curriculum Vitae**

***Susan Michie, BA, MPhil, DPhil, AcSS, FEHPS, FBPS***

1. **Personal Details**

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| Name: | Susan Michie |
| Department: | Department of Clinical, Educational and Health Psychology |
| Present appointment: | Professor of Health Psychology |
| Date of appointment: | 1st October 2006 | FTE: | 1 |

1. **Education/Qualifications**

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| Dates | Qualification | Institution |
| 1976 | B.A. in Experimental Psychology | Oxford University |
| 1978 | M.Phil in Clinical Psychology | London University |
| 1982 | D.Phil in Developmental Psychology | Oxford University |
| 1981 | Primary Certificate in Rational Emotive Therapy |  |
| 1978 | Chartered Clinical Psychologist | British Psychological Society |
| 1993 | Chartered Health Psychologist | British Psychological Society |
| 2001 | Fellowship of the British Psychological Society | British Psychological Society |
| 2002 | Approved Supervisory for Health Psychology Stage 2 Qualification | British Psychological Society |
| 2002 | BPS Grade B Assessor | British Psychological Society |
| 2007 | Fellowship of the European Health Psychology Society | European Health Psychology Society |
| 2009 | Registered Health and Clinical Psychologist | Health Professions Council |
| 2010 | Fellow of the Academy of Social Sciences | Academy of Social Sciences |
| 2010 | Registered Applied Psychology Practice Supervisor | British Psychological Society |

1. **Professional History (in chronological order)**

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| Dates | Detail of position held | Institution |
| 1987-1991 | Clinical Psychologist and Hon Lecturer in Developmental Psychology | Royal Free Hospital School of Medicine |
| 1991-2002 | Senior Clinical Psychologist and Hon Senior Lecturer in Health Psychology | Royal Free Hospital School of Medicine |
| 1989-2002 | Senior Research Fellow in Clinical Health Psychology (p/t after 1993) | Royal Free and University College Medical School |
| 1993-2002 | Deputy Director, Psychology and Genetics Research Group | King’s College London |
| 1993-1996 | Research Fellow | King’s College London |
| 1996-2001 | Senior Research Fellow | King’s College London |
| 2001-2002 | Reader in Health Psychology | King’s College London |
| 2002- | Co-Director, Centre for Outcomes Research and Effectiveness | University College London |
| 2002-2012 | Director of Health Psychology Research and Honorary Consultant Clinical Psychologist | C&I Mental Health & Social Care Trust, Camden and Islington PCTs |
| 2002-2006 | Reader in Clinical Health Psychology | University College London |
| 2005- | Chair in Health Psychology, Department of Psychology | University College London |
| 2006-2009 | Senior Scientist, MRC Health Services Research Collaboration (p/t secondment) | University of Bristol |

1. **Other Appointments and Affiliations**

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| ***European Health Psychology Society (EHPS)*** |
| 2011- | Chair, Fellowship Committee |
| 2006-2008 | **Past President** |
| 2004-2006 | President |
| 2002-2004 | President Elect |
| 2006-2008 | **Policy** Committee |
| 2002-2007 | **Publications** Committee |
| 2007 | Track chair, **International Scientific Programme Committee** |
| 2002-2006 | International Scientific Programme Committee |
| 2002-2003 | Chair, **International Scientific Programme Committee** |
| ***British Psychological Society (BPS)*** |
| 2011 | Behaviour Change Advisory Group |
| 1999-2006 | **Board of Examiners** of Health Psychology |
| 2003-2006 | **Examiner** for BPS Stage 1 qualification in Health Psychology |
| 2002 | **Reviewer** of National Occupational Standards in Applied Psychology |
| 2000-2001 | **Deputy Chair**, Division of Health Psychology |
| 1999-2000 | **Chair**, Division of Health Psychology**Vice Chair**, Training Committee, Division of Health Psychology**Council Member, BPS** |
| 1998-1999 | **Vice Chair**, Division of Health Psychology**Chair**, Division of Health Psychology Training Committee |
| 1994-1997 | Health Psychology Special Group Training Sub-Committee |
| ***Medical Research Council (MRC)*** |
| 2010- | Methodology Board |
| 2006-2009 | College of Experts |
| ***Wellcome Trust*** |
| 2010- | Influenza Scientific Advisory Group |
| ***NHS National Institute of Health Research (NIHR)*** |
| 2007-2010 | NIHR Programme Grants BoardCollege of Panellists, NIHR Programme Grants |
| 2009-2010 | NIHR Health Services Research Board |
| ***Cross-Government*** |
| 2009-2010 | Scientific Advisory Group in Emergencies (SAGE) |
| 2008- | Scientific Pandemic Influenza Advisory Group (SPI) |
| 2008- | Chair, SPI Behaviour & Communications Group |
| ***Department of Health*** |
| 2009- | Co-Director, NHS Centre for Smoking Cessation Training |
| 2009-2010 | High Level Clinical Effectiveness Research Agenda Group |
| 2007-2010 | NHS Choices Learning Network Academic Advisory BoardNHS LifeCheck BoardNHS Health Trainer National Evaluation GroupChair, National Evaluation Steering Group, LifeCheck Programme |
| ***National Institute of Clinical Health and Excellence (NICE)*** |
| 2006-2012 | Public Health Interventions Advisory Committee |
| 2008- | Implementation Strategy Group |
| ***Society of Behavioral Medicine (SBM)*** |
| 2012- | Founding Chair, Special Interest Group ‘Theories and Techniques of Behavior Change Interventions’ |
| ***UK Society of Behavioural Medicine (UKSBM)*** |
| 2008-2010 | Senior Advisor |
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| ***Member of:*** |
| British Psychological Society, since 1975 |
| European Health Psychology Society, since 2000 |
| International Association of Applied Psychology, since 2002 |
| UK Society of Behavioural Medicine, since 2004 |
| ***International Scientific Advisory Boards*** |
| 2011-2014 | Norwegian Centre for Addiction Research |
| 2010- | European Centre for Disease Control Communication and Country Cooperation Unit |
| 2010- | Centre for Research in Evidence Based Practice, Bond University, Australia |
| 2010- | Knowledge Translation Canada |
| 2010- | Implementation Research Institute, Center for Mental Health Services Research, USA |
| ***Editorial Responsibilities*** |
| 2011 | Editor, *Implementation Science* |
| 2009- | Associate Editor, *Annals of Behavioral Medicine* |
| 2007- | Editorial Board, *Applied Psychology: Health and Well-Being* |
| 2006-2011 | Associate Editor, *British Journal of Health Psychology*Editorial Board, *Health Psychology Review* |
| 2005-2011 | Editorial Board, *Implementation Science* |
| 2005 | Guest Editor, *The Psychologist* |
| 2004 | Guest Editorial Board Member, *Health Education and Behavior* |
| 2001-2007 | Editorial Board, *Psychology & Health* |
| 2000 | Guest Editor, *Psychology & Health* |

1. **Prizes, Awards and other Honours**

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| Dates | Detail of prize, award or honour | Awarding/electing body |
| 2011-2012 | Visiting Professor, Alcohol & Drug Research Western Norway | Norwegian Centre for Addiction Research |
| 2010- | Fellow of the Academy of Social Sciences | Academy of Social Sciences |
| 2010-2013 | Honorary Professor of Health Psychology | University of Nottingham |
| 2007- | Fellowship of the European Health Psychology Society | European Health Psychology Society |
| 2006-2009 | Member of the MRC Health Services Research Collaboration | Medical Research Council |
| 2001- | Fellowship of the British Psychological Society | British Psychological Society |
| 2004 | President | European Health Psychology Society |
| 1999 | Chair | Division of Health Psychology, British Psychological Society |
| 2002 | Research Seminar Competition | British Psychological Society |
| 1978-1981 | The Pirie-Reid Scholarship | Oxford University |

1. **Grants**

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| ***Current*** |
| 2012-2017 | West R, **Michie S**, McNeill A, Aveyard P. Smoking cessation: population and clinical approaches. Cancer Research UK, £1,655,000. (C1417/A14135). |
| 2012-2017 | Orrell M, Mountain G, Russell IT, Sackley C, Challis D, Moniz-Cook E, Vernooij-Dassen M, King M, Hill J, Brouder J, Morris S, Poland F, Omar R, **Michie S**, Wenborn J, Rooks S. Valuing active life in dementia (VALID). NIHR Programme, £1,999,845. (RP-PG-0610-10108). |
| 2012-2017 | Johnson A, Hayward H, King M, **Michie S**, Raine R. NIHR School for Public Health Research (UCL). NIHR, £2,150,000. |
| 2012-2013 | Rubin GJ, Amlot R, Fear N, **Michie S**, Potts H. Evaluating and improving communication with the public during a pandemic, using rapid turn-around telephone surveys. NIHR NETSCC project grant [with six month extension pre-approved for the next flu pandemic], £168,671. (10/45/21). |
| 2011-2016 | Osborn D, Antoniou A, Walters K, Nazareth I, Johnston C, **Michie S**, Pinfold V, Barnes T, Morris S, King M, Omar R, Holt R, Peveler R, Marston L, Petersen I, Morris R, Craig T. Prediction and management of cardiovascular risk for people with severe mental illnesses. A research programme and trial in primary care. (PRIMROSE) NIHR Programme, £2,029,234. (RP-PG-0609-10156). |
| 2011-2016 | Murray E, Paul K, Barnard M, **Michie S**, May C, Stevenson F, Inniss J, Thompson S, Yardley L, Farmer A, Fisher B, Patterson D, Wallace P, Peacock R, Godfrey C, Boazman M. Development, evaluation and implementation of a computer-based self-management programme for people with type 2 diabetes. NIHR Programme, £1,992,472. |
| 2010-2015 | Horne R, Chalder T, McCrone P, Collins S, Ssanya Sseruma W, **Michie S**, Sabin C, Walker S, Selbie D, Fisher M, Anderson J, Nelson M, Leake-Date H, Perry N, Smith J, Cooper V, Applying the Medical Research Council guidance to develop and evaluate interventions to support uptake and adherence to antiretroviral therapy for HIV. NIHR Programme, £1,992,681. |
| 2011-2014 | Yardley L, Mascolo C, **Michie S**, Musolesi M, Rentfrow PJ, de Roure D, Smith P, Weal M. UBhave: ubiquitous and social computing for positive behaviour change. EPSRC, £1,463,061. |
| 2011-2014 | Pilling S, **Michie S**, Roth A, Fonagy P. Continued funding of the Psychological Processes and Clinical Effectiveness Programme Grant. British Psychological Society, £1,537,746. |
| 2009-2014 | Gruen R, Green S, Harris C, Kaye A, Marshall S, Sherry L, Grimshaw J, **Michie S**, Francis J, Lavis J, Buchan H, Zobel J, Tavender E, Cameron P, Cooper J, Bragge P, Morokoff A, Clavisi O, McKenzie JE, McDonald S. Improving evidence-based care and the outcomes of patients with traumatic brain injury and spinal cord injury through a program to facilitate knowledge transfer and exchange. Victorian Neurotrauma Initiative (VNI) Programme Grant, AUD$4 399 539 (£2,469,700). |
| 2012-2013 | Grimshaw J, **Michie S** (Co-PIs), Brehaut J, Colquhoun H, Curran J, Francis J, O’Connor D, Squires J. ‘Developing an international research agenda for the Theoretical Domains Framework’. Canadian Institutes of Health Research, $24,538 (£15,600). |
| 2012-2013 | Ivers NM, Brehaut J, Colquhoun H, Grimshaw J, **Michie S**, Sales A. Improving the effectiveness of audit and feedback interventions in health care. Zwarenstein Canadian Institutes of Health Research, $25,000 (£15,870). |
| 2010-2013 | Raine R, King M, Barber J, Blazeby J, Clarke A, Gibbs S, Lanceley A, Livingston G, **Michie S**, Prentice A, Ferlie E. Improving the effectiveness of multidisciplinary team meetings for patients with chronic disease. NIHR Programme. £695,002. |
| 2010-2013 | **Michie S**, Johnston M, Abraham C, Francis J, Hardeman W, Eccles M. Methods for strengthening evaluation and implremenation: specifying components of behaviour change interventions. Medical Research Council, £509,200. (GO901474). |
| 2009-2012 | **Michie S**, West R (Co-PIs), Yardley L, McEwan A, Stapleton J, Wills G. The development and evaluation of an internet-based smoking cessation intervention (ISCI). Medical Research Council, £494,876. (G0802035). |
| 2009-2012 | **Michie S**, West R, McEwan A (Co-PIs). NHS Centre for Smoking Cessation and Training. Department of Health, £2,967,354. |
| 2009-2012 | Gilbody S, Lester H, **Michie S**, Torgerson D, Godfrey C, Hewitt C, Bradshaw T, Larsen J, Richards D, Watt I. Smoking cessation for people with severe mental illness: a pilot study and definitive randomized evaluation of a bespoke service. NIHR Health Technology Appraisal, £711,409. (07/41/05). |
| 2008-2012 | Green S, Browning C, Workman B, Flicker L, O’Connor D, Harris C, McKenzie J, Mortimer D, Grimshaw J, **Michie S**, Francis J, Eccles M. Evidence-based care of people with dementia (Project name: IRIS – Investigating Research Implementation Strategies). Australian NH&MRC, AUD $1 105 265 (£620,408). |
| 2008-2012 | Campbell R, Metcalfe C, Noble S, Moore L, Butler C, **Michie S**, Endericks T. Cluster randomised controlled trial to test the effectiveness of an educational intervention to promote hand washing in reducing absenteeism in primary schools. Research for Patient Benefit, £242,230. |
| 2008-2012 | Stone S, Cookson B, **Michie S**, et al. The I-STRAT trial: Do Isolation Strategies reduce endemic levels of MRSA (meticilin resistant *Staphylococcus aureus*) and CDAD (*Clostridium difficile* associated diarrhoea)? Medical Research Council, £500,000. (MRC/G0701815). |
| 2007-2012 | Clarkson J, Black I, Bonetti D, Eccles M, Eldridge S, Francis J, Grimshaw J, Haig A, Johnston M, McKeen L, Mackenzie G, **Michie S**, et al. Implementation of National Dentistry Guidance: Outcomes Study. Chief Dental Office, Scotland, £300,000. |
| 2007-2012 | **Michie S**, Cameron R. Changing behaviour: towards best practice in the development of complex interventions. Medical Research Council, £203,000. (PHSRN10). |
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| ***Completed*** |
| 2009-2011 | Doherty M, Zhang W, **Michie S**, Underwood M, Dieppe P. Delivery of high quality of gout care: a randomized controlled trial. Phase 1: preparatory work and proof of concept. Arthritis Research Campaign, £212,388. (MP/18827). |
| 2008-2011 | Yardley L, De Roure D, **Michie S**, Wills G. Development and evaluation of a Behavioural Intervention Grid (BI-Grid). Economic and Social Research Council, £669,515. (RES-149-25-1069). |
| 2008-2010 | French DP, Dale S, **Michie S**, Szczepura A, Griffiths F, Stallard N. The development of an intervention to promote walking in primary care. Medical Research Council, £315,584. (G0701821). |
| 2007-2011 | **Michie S**, Fonagy P, Roth A, Pilling S. Continued funding of the CORE Psychological Processes and Clinical Effectiveness Programme Grant. British Psychological Society, £878,471. |
| 2009-2010 | **Michie S**, Potts H. Public responses to swine flu communications: a longitudinal analysis. NIHR Programme, £67,022. (09.84.98). |
| 2009-2010 | Read J, **Michie S**, Yardley L, Crowcroft J, Smith R, Edmunds J. Understanding behavioural responses to infectious disease outbreaks. Economic and Social Research Council, £214,256. (RES-355-25-0019). |
| 2009-2010 | Edwards P, Felix L, Ferguson E, Free C, Lock K, **Michie S**, Miners A, Murray E. (PI) Adaptive e-learning to improve dietary behaviour: systematic review. NIHR Health Technology Appraisal Programme, £265,214. (08/57/02). |
| 2009 | **Michie S**. Evaluation of a Behaviour Change Training Intervention. NHS Islington, £55,000. |
| 2008-2009 | **Michie S**, Rumsey N. Evaluation of the NHS Health Trainer schemes in England. Department of Health, £108,000. |
| 2007-2009 | Aunger R, Granger SP, Curtis, VC, Gibson WT, **Michie S**. Hygiene Wired: Screening Behaviour Change Interventions. Economic and Social Research Council, £130,747. (RES-185-31-0034). |
| 2007-2009 | Green S, McKenzie J, Grimshaw J, Mortimer D, Keating J, Walker B, **Michie S**, Francis J, O’Connor D. Improving the care of people with acute low back pain by allied health professionals: a cluster randomised controlled trial. Australian National Health and Medical Research Council, AUD$653 688 (£274,480). |
| 2007-2009 | Carr S, Donaldson C, **Michie S**, White M. An evidence synthesis of qualitative and quantitative research on the component intervention techniques, effectiveness, cost-effectiveness, equity and acceptability of the health-related lifestyle adviser role in improving health. NIHR Health Technology Appraisal Programme, £220,000. |
| 2006-2010 | Pilling S, Fonagy P, **Michie S**. “Psychological processes and clinical effectiveness” Programme grant. British Psychological Society, £790,915. (BPS-CORE/06/1). |
| 2006-2009 | **Michie S**. Behavioural change and maintenance in relation to health: developing methodological tools and a theoretical basis. Medical Research Council, £135,714. (PHSRN-MICH2). |
| 2006-2009 | **Michie S**, et al. Evidence into recommendations: an observational study of guideline development groups. Medical Research Council, £80,000. |
| 2005-2009 | Fonagy P, Pilling S, **Michie S**. “Psychological processes and clinical effectiveness” Programme grant. British Psychological Society, £881,775. (BPS-CORE/05/1). |
| 2005-2009 | **Michie S**, Smith J, Mackay J, Humphries S, Jacobs C, Nair D. Communicating genetic information within families. Department of Health, £169,416. (HSR06). |
| 2005-2009 | **Michie S**, Davies A. Increasing uptake of the MMR vaccine: development and evaluation of two interventions. ESRC/MRC Interdisciplinary Research Studentship. |
| 2004-2009 | Stone S, Hayward A, Cookson B, Jeanes A, Roberts J, Teare L, Charlett A, Duckworth G, Cooper B, **Michie S**. Does feedback of hand-hygiene sustain hand-hygiene longterm? Patient Safety Research Programme, Department of Health, £552,114. (PS/029). |
| 2006-2008 | **Michie S**, Dieppe P. Evidence into Recommendations: describing the process. Medical Research Council; and National Institute for Health and Clinical Excellence, £100,000. (07/RE2022). |
| 2007 | **Michie S**, Rumsey N, Wilkinson D. Evaluation of the NHS Health Trainer schemes in England. Department of Health, £70,000. |
| 2006-2007 | **Michie S**, Wight D. Applying social-psychological theory to understanding professional and population health behavioural change. Medical Research Council, £20,500. (PHSRN22). |
| 2006-2007 | Bridle C, **Michie S**, Jochelson K. Behavioural Interventions for disadvantaged groups. The King’s Fund, £22,560. (F86). |
| 2006-2007 |  **Michie S**. Non-implementation of Guidelines: a Mismatch of Models? Medical Research Council, £39,936. (06/RE2020). |
| 2006-2007 | **Michie S**, McEwan A, Kessel A, Nanchahal K, Cain S. Evaluation of a desktop resource to increase GP referral to smoking cessation services: a feasibility study. North Central London Research Consortium, £23,400. (06/Q0511/9). |
| 2006 | **Michie S**, Horwood J, Johnston M, Johnston D. N-of-1 RCTs: methodology and application. Medical Research Council, £2,670. |
| 2006 | Johnston, Grimshaw, Pitts, **Michie**, Steen, Hrisos, Eccles, Francis, Sniehotta, Glidewell, Powell, Kolehmainen, MacLennan, Thomas, Molloy, Ross, Cruickshank, Laing. Implentation Group. Medical Research Council, £3,000. |
| 2005-2007 | Green S, Richards J, Grimshaw J, O’Conner D, McKenzie J, Mortimer D, **Michie S**, Francis J, O’Connor D. Implementating clinical practice guidelines in general practice: a cluster randomised controlled trial. National Health and Medical Research Council Australia, AUD$426 000 (£185,614). |
| 2005 | **Michie S**, Whittington C. Systematic review: the effectiveness of self-regulation interventions for increasing healthy eating in the general population. Health Development Agency, £10,000. |
| 2004-2007 | **Michie S**, Williams S, Steer J, Whittington C. Implementing guidelines for preventing health care associated infections: the application of psychological theory and techniques. Hospital Infection Society, £60,000. |
| 2004-2008 | **Michie S**, Pilling S, Fonagy P. “Psychological processes and clinical effectiveness” programme grant. British Psychological Society, £1,282,440 (BPS-CORE/04/1). |
| 2003-2005 | **Michie S**, Adshead F, Pilling S. “Developing and evaluating an integrated primary care-based smoking cessation service”. Neighbourhood Renewal Fund, Department for Environment, Food and Rural Affairs, £75,000. |
| 2003-2005 | McCarthy, Ingham-Clarke, Coleman, **Michie**, Kearney, Rawlinson, Sherlaw, Johnson. “Assessment of interrelationships between different measures of the quality of cancer services provided by NHS Trusts in England”. NHS Service Delivery and Organisation (SDO) National R&D Programme, £249,000. |
| 2003-2005 | **Michie S**, Adshead F, Pilling S. “Reducing health inequalities: development of the public health assistant role”. Neighbourhood Renewal Fund, Department for Environment, Food and Rural Affairs, £123,000. |
| 2003-2004 | **Michie S**, Taylor B, McCarthy C, Maddock P. Developing a psychological intervention to increase MMR uptake. Camden Primary Care Trust, £33,000. |
| 2003-2004 | **Michie S**, Pilling S. “Implementation of the NICE guidelines for schizophrenia”. National Institute of Clinical Excellence, £30,000. |
| 2003-2004 | **Michie S**, McKenna L. “Tinnitus distress: cognitive and conditioning explanations”. The British Tinnitus Association, £7,576. |
| 2003 | **Michie**, Small, Khanderia, Foreman. “A pilot evaluation of community pharmacy-based smoking cessation”. North Central Thames Primary Care Research Network, £5,000. |
| 2002-2003 | **Michie S**, Smith J, Adshead F, Pilling S, Jones S. National Service Framework milestones in primary care: understanding barriers to behaviour change. NHS R&D: Health Action Zone Fund, £25,440. |
| 2002-2003 | Hardeman W, **Michie S**, Kinmonth AL, Prevost AT. “Training in behaviour change techniques to promote physical activity among people at risk of Type 2 diabetes: an evaluation”. Diabetes Care UK, £9,993. |
| 2002 | **Michie S**. Measurement of NHS Staff Performance. Commission for Health Improvement, £3,000. |
| 2002-2003 | **Michie S**, Johnston M. Seminars to extend and deepen the scientific understanding of the psychological processes involved in the implementation of evidence based practice (EBP) in health services. British Psychological Society, £3,000. |
| 2001-2004 | Marteau T, **Michie S**, Dormandy E, Hooper R, Jones T, Griffiths M. Informed choice for antenatal screening: a randomised controlled trial of routine testing versus separate visit testing. NHS R&D, London, £197,387. |
| 1999-2001 | **Michie S**, Williams S, Cockcroft A. Developing a service to reduce health service staff stress and sickness absence. RFH Special Trustees, £55,949. |
| 1998-2001 | **Michie S**, Williams S. A pilot evaluation of interventions to reduce health service staff stress and sickness absence. The Nuffield Trust, £25,000. |
| 1997-1998 | Williams S, **Michie S**, Pattani, S. Improving the health of NHS staff, The Nuffield Trust, £20,000. |
| 1997-1999 | Marteau T, **Michie S**, Broadstock M, Mackay J, Bobrow M, Ponder B. The psychological impact of genetic testing for hereditary breast and ovarian cancer: a pilot study. Anglia and Oxford RHA, £50,988. |
| 1992-1993 | **Michie S**. Evaluation of stress management for medical students. RFH Special Trustees, £3,000. |
| 1988 | **Michie S**. Intervention to increase women’s attendance at antenatal classes. RFH Special Trustees, £1,162.78. |
| 1985 | **Michie S**. Antenatal class attendance, perinatal complications and postnatal behaviour. RFH Special Trustees, £820. |
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| ***Research Collaborator*** |
| 2011-2012 | Squires J, Grimshaw J, Liddy C, Francis J, Michie S. Identifying facilitators and barriers to the uptake of retinopathy screening by individuals with diabetes mellitus. |
| 2009-2011 | Liu JJ, Davidson E, Bhopal R, Johnson M, White M, Netto G, Deverill M, Sheikh A. Effectiveness of smoking cessation, physical activity and dietary modification interventions adapted for South Asian, Black and Chinese populations. MRC/NIHR. |
| 2009-2012 | Renton A, Wall M, Clow A, Bull F, Draper A. Randomised cluster controlled trial of community level interventions to address social and structural determinants of physical activity, diet and mental well being. Wellcome Trust, £1,534,080. |
| 2005-2006 | Green S, O’Conner D, Richards J. Closing the gap between research and practice: using behavioural change theory to identify barriers to implementation of evidence-based guidelines. Monash University Faculty Strategic Grant, $55 000. |
| 2005-2009 | Kinmonth AL et al. Development and evaluation of innovative strategies for the prevention of chronic disease in primary care. MRC, Co-operative Grant. |
| 2004-2007 | Thornicroft G, Johnson S, Farmer P et al. In-patient alternatives to traditional in-patient care. SDO NHS, £299,991. |
| 2001-2003 | Graham A, Ramirez A, Richards M. Poor mental health among hospital consultants: an investigations of causal factors and outcomes. Guys’ and St Thomas’ Charitable Foundation, £90,960. |
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| ***Workshop Grants*** |
| 2009 | Amlot, Rubin, Michie. Lessons learned from swine flu for researchers: how should we study the next pandemic? Infectious Disease Research Network. |
| 2008 | Gruen, Green, Harris, Kaye, Grimshaw, Michie et al. Improving the health outcomes of people following traumatic brain injury or spinal cord injury through a program to increase the use of research evidence in practice. Victorian Neurotrauma Initiative, $9 800. |
| 2006 | Behaviour change theory in implantation research, Aberdeen, UK. Medical Research Council, £3,000. |
| 2006 | N-of-1 RCTs: methodology and applications, Bristol, UK. Medical Research Council, £2,670. |
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| ***Study Visit/Travel Grants*** |
| 2006 | Oral presentation, international conference, Bangkok, Thailand. UCL Graduate School, £672. |
| 2005 | Keynote, international conference, Havana, Cuba. UCL Graduate School, £497. |
| 2004 | Oral presentation, international conference, Helsinki, Finland. UCL Graduate School, £278. |
| 2003 | Burton, Kagan, Orford, Michie. British Psychological Society Visiting Fellow, £940. |
| 2003 | Burton, Kagan, Orford, Michie. British Psychological Society Visiting Psychologist, £940. |
| 2003 | Oral presentation, international conference, Greece. The British Academy, £344. |
| 2001 | Invited presentation, international conference, Cook Islands. The Wellcome Trust, £800. |
| 2000 | Lecture tour and research collaboration in Australia. The Royal Society, £1,600. |

1. **Selected Invited Talks**

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| ***Keynote Lectures*** |
| 2012 | **National Prescribing Service Facilitators’ Forum**, Sydney, Australia. *The behaviour change wheel: a system for designing effective interventions*.**Australian Guideline Developers Network Meeting**, Melbourne, Australia. *Getting the best from your guideline committee*.**NHS Confederation**, Manchester, UK. *Building bridges and improving health in hospitals: the behaviour change wheel.* |
| 2011 | **Australian Cardiac Rehabilitation Conference**, Perth, Australia. *Interventions to reduce risk factors.***HSRN and SDO Network Annual Conference** “Delivering Better Health Services”, Liverpool. *Changing behaviour to improve health and reduce inequality.***European Centre for Disease Prevention and Control Conference**, Stockholm, Sweden. *Using research to inform communication strategies*. |
| 2010 | **Society for the Study of Addiction Annual Symposium**, York. *Identifying effective behaviour change techniques in smoking and alcohol interventions*.**KT Canada Annual Conference**, Calgary, Canada. *Knowledge transfer: a behavioural science perspective*. |
| 2009 | **6th Annual Midlands Health Psychology Conference**, Coventry University. *Minimising the impact of pandemic flu: the role of behaviour*.**UK Society of Behavioural Medicine Scientific Conference**, University of Southampton. *Behavioural sciences as applied to influenza*.**2nd Latin American Society for Research into Nicotine and Tobacco Conference**, Mexico City, Mexico. *Optimising behavioural support for smoking cessation*. **Society for Genomics Policy and Population Health Annual Conference**, London. *Does knowledge of genetic risk motivate people of adopt healthy behaviours?***North British Pain Association Conference**, Edinburgh. *Changing behaviour in patients with chronic health problems: principles and techniques*. |
| 2008 | **Global Healthcare Alliance for Treatment of Tobacco Dependence**, Lisbon, Portugal. *Engaging the patient: a fresh look at behavioural approaches*. **World Julian Aleksandrowicz Scientific Congress**, Cracow, Poland. *Changing behaviour to improve health*.**7th Conference on Psychology and Health**, Lunteren, Netherlands. *Advancing the science of behaviour change*.**22nd Conference of the European Health Psychology Society**, Bath, UK. *Making a difference: The role of behaviour change science in government policy*. |
| 2007 | **European Congress of Psychology**, Prague, Czech Republic. *Changing behaviour to improve health.* State of the Art lecture.**Annual Conference of the British Psychological Society** Division of Health Psychology, Nottingham. *Behaviour change: theory, evidence and application*. |
| 2006 | **National Institute of Clinical Studies**, Melbourne, Australia. 1st National Conference: Using Evidence, Using Guidelines symposium. *Understanding guideline implementation: using psychological theory*.**26th International Congress of Applied Psychology**, International Association of Applied Psychology, Athens, Greece. *Genetic testing – psychological consequences and interventions*. State of the Art lecture. |
| 2005 | **3rd Guidelines International Network Annual Conference**, Evidence in Context. Lyon, France. *How to get the message across.***Irish Division of Health Psychology** Annual Conference, Dublin, Ireland. *Changing behaviours related to health: which theories and which techniques?***International Society of Behavioural Medicine** and Finnish Institute of Public Health, Lahti, Finland. *Applying the evidence base to prevent disease and improve health: how to incorporate theory into program design*.**Medical Research Council** Health Services Research Fellow Annual Conference, Bristol, UK. *Improving health: using psychological theory.* |
| 2004 | **Michigan Center for Genomics and Public Health**, USA. *Communicating genetic information: process and outcome.*Inaugural **Greek Health Psychology Conference**, Athens, Greece. *Health psychology in Europe: challenges and future directions.***4th Health Psychology International Conference**, Havana, Cuba. *Changing behaviours related to health: the application of psychological theory*. |
| 2002 | **16th European Health Psychology Society Conference**, Lisbon, Portugal. *Genes and health: should we predict?* |
| 1998 | **Nuffield Trust** Invited Conference for NHS Chief Executives, Wesminster, London. *Caring for the NHS workforce, time to make a difference*. |
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| ***International Invited Talks*** |
| 2012 | Health Services Research Association of Australia and New Zealand, Sydney, **Australia**. *Evidence into practice: the contribution of behavioural science.*National Prescribing Service, Sydney, **Australia**. *The Behaviour Change Wheel: a model for understanding and changing behaviour*. |
| 2011 | European Parliament, Brussels, **Belgium**. Conference: Psychology: A contribution to EU policy-making. *Behaviour change in pandemic flu and obesity*.European Centre for Disease Prevention and Control, Stockholm, **Sweden**. *Tackling seasonal flu in Europe: applying the* *Behaviour Change Wheel.*Norwegian Centre for Addiction Research, Stavanger University Hospital, **Norway.** *The role of identity in behaviour change.*University of Hong Kong School of Public Health and Centre for Excellence for Control of Pandemic Influenza, **Hong Kong**. *Minimising the impact of pandemic flu: the role of behaviour.*Cardiac Society of Australia and New Zealand, Perth, **Australia.** *The role of psychological theory in designing and evaluating interventions to change CVD-related behaviour.*Cardiac Society of Australia and New Zealand, Perth, **Australia.** *Taking healthcare interventions from trial to practice.*Centre for Research into Evidence-Based Practice, Bond University, **Australia***. Implementation and the science of behaviour change.*2nd Global Social Marketing Conference, Dublin, **Ireland**: *The Behaviour Change Wheel: a system for designing effective interventions.*Ottawa Hospital Research Institute, Ottawa, **Canada**: *Validating a theoretical framework for behaviour change*.Cochrane Effective Practice and Organisation of Care (EPOC) Group: Ottawa, **Canada**: *Making reviews more informative: applying theory and specifying intervention content*.European Centre for Disease Prevention and Control conference, Stockholm, **Sweden**: *The Behaviour Change Wheel: a system for designing effective interventions*. |
| 2010 | Norwegian Centre for Addiction Research, Stavanger University Hospital, **Norway**: *Behaviour change: theories and application.*Center for Health Improvement and Prevention, University of Connecticut, **USA**: *Advancing* *the science of behaviour change*.Ottawa Hospital Research Institute, Ottawa, **Canada**: *Methods for developing effective behaviour change interventions*.Department of Psychology, University of Ottawa, **Canada**: *The role of behaviour change theory in knowledge translation*.WHO/Wellcome Trust international meeting on the Public Health Research Agenda for Influenza, London, **UK**: *Promoting tools: communication*.Implementation Research Institute, Center for Mental Health Services Research, Washington University in St Louis, **USA**: *Theories of behaviour change and implementation strategies at provider level*.World Health Organisation, Geneva, **Switzerland**, Expert Workshop on Modern Tools for Strategic Communication: *Communications and public health interventions in disease outbreaks*.NHMRC National Institute of Clinical Studies, Melbourne, **Australia**: *Current research work in guidelines.*Australian Satellite of the Cochrane Effective Practice and Organisation of Care (EPOC) Group, Melbourne, **Australia**: *Using behavioural theory to design knowledge translation interventions*. |
| 2009 | European Centre for Disease Control, Brussels, **Belgium**. Invited experts workshop on Influenza Development and Research Priorities: *Behavioural sciences as applied to influenza.*Graduate School for Health Research, Medical Center, University of Groningen, **Netherlands**. *Improving health by changing behaviour.* |
| 2008 | XI International Conference for the Treatment of Tobacco, Rio de Janeiro, **Brazil**: *Engaging the patient – a fresh look at behavioural approaches*.Global Healthcare Alliance for Treatment of Tobacco Dependence, Lisbon, **Portugal**: *Engaging the patient – a fresh look at behavioural approaches.*10th Annual Conference of the Society for Research in Nicotine and Tobacco, Rome, **Italy**: *Applying psychological theory to promote evidence-based clinical practice.*Expert Workshop (“Synergy”), European Health Psychology Conference, Bath, **UK**: *Designing internet interventions to test theories of behaviour change*.Expert Workshop: Issues in Health Behavior Change, Freie Universit**ät, Berlin, Germany: *Designing and evaluating internet-based interventions.***7th Conference on Psychology and Health, Lunteren, the **Netherlands**: *Trial designs for interventions: are there alternatives to the RCT?*5th World Congress on Prevention of Diabetes and its Complications, Helsinki, **Finland**. Debate: *Health Behavior Change: are our cognitive-rational theories any good?*Department of Psychology, Frere Universit**ät, Berlin, Germany: *Behaviour change: theory and application*.** |
| 2007 | Canadian Institutes of Health Research: Ottawa, **Canada**. Invited lecture at the symposium ‘Behaviour approaches to knowledge transfer organised by the Knowledge Translation-Improved Clinical Effectiveness through BEhavioural Research Group (KT-ICEBERG): *Behavioural approaches to intervention fidelity.*VU University Medical Center: the **Netherlands**: *Preventive behaviour: what motivates people to adopt healthy lifestyles?* |
| 2006 | European Meeting on Psychosocial Aspects of Genetics, Amsterdam, the **Netherlands**: *What works and why in Genetic Counselling? The need for theory*.National Institute of Clinical Studies, Melbourne, **Australia**: *Synthesising and implementing evidence: why psychology?* |
| 2005 | Assessment and Intervention in Health and Illness: invited experts’ scientific workshop, Leiden, the **Netherlands**: *A self-regulation intervention to increase hand hygiene behaviour in hospital staff.* |
| 2004 | Public Health Genetics Symposium, University of Michigan, **USA**: *Communicating genetic information: process and outcome.*American Society of Human Genetics Conference, Ontario, **Canada**: *Quality genetic counselling: theory and evidence in process and outcomes.*Fifth Conference on Psychology and Health, Rolduc, the **Netherlands**: *Predictive genetic testing: the problem of low risk results*. |
| 2003 | Psychological Interventions in Physical Health: invited experts’ scientific workshop, **Cook Islands**. *Predictive genetic testing: understanding why negative test results sometimes fail to reassure.* |
| 2000 | Psychology Dept, University of Sydney, **Australia**: *Genetic risk information: some psychological implications.*The Murdoch Institute, University of Melbourne, **Australia**: *The psychological impact of predictive genetic testing.* |
| 1999 | European Science Foundation workshop on risk and decision making, University of Amsterdam, the **Netherlands**: *High risk behaviour in the face of low risk information: predictive genetic testing*. |
| 1995 | The Human Genetics Society of the Netherlands: symposium on Genetic Screening, Amsterdam, the **Netherlands**: *The psychological impact of carrier screening for cystic fibrosis: a three year follow-up*. |
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| ***National Invited Talks*** |
| 2012 | Institute of Digital Healthcare, **University of Warwick**: *Designing digital interventions: applying theories and methods from health psychology.***British Nutrition Foundation Annual Conference**: *Eating and physical activity behaviours: a framework for interventions*.**Queens University Belfast**: *The Behaviour Change Wheel: a system for designing effective interventions*.**The Health Foundation** Improvement Science Development Group: *What do we mean by good theory as we develop improvement science?***NICE Annual Conference**: *Translating national guidance into local practice: a contribution from behavioural science*.**British Medical Association Board of Science**: *‘Nudge’ and behaviour change* |
| 2011 | Department of Psychology, **University of Newcastle**: *Changing behaviour to improve health.*School of Medicine Human Genetics Division, **University of Southampton**: *Does knowledge of genetic risk motivate people to adopt healthy behaviours?***Translation Research in a Dental Setting Programme (TRIADS)**, Edinburgh: *Designing audit and feedback trials.*Ethnicity and Health Conference, **University of Edinburgh**: *Theoretical principles of adaptation.*Arthritis Research UK Primary Care Centre, **University of Keele**: *The role of behaviour change theory in evidence-based practice.* |
| 2010 | **House of Lords Science and Technology Committee**, London, Seminar on behaviour change interventions to prevent and tackle obesity: *Changing behaviour in relation to obesity: eating and physical activity*.**National Institute of Health and Clinical Excellence (NICE)** Implementation Strategy Group, Manchester: *From motivation to behaviour change.***British Psychological Society, Division of Health Psychology Annual Conference**, Queen’s University, Belfast: *Health psychology consultancy for the Department of Health (England)*.**British Human Genetics Conference**, University of Warwick: *Does knowledge of genetic risk motivate people to adopt healthy behaviours?***All party Parliamentary Group on Smoking and Health inquiry**, House of Commons, London: *Cigarette addiction: choice and responsibility.***National Institute of Clinical Health and Excellence (NICE)**, London, expert witness: *Applying behavioural interventions to low income and ethnic minority groups*.**Oxford Clinical Psychology** seminar: *Improving health by changing behaviour: improving the science*, University of Oxford.Institute of Society and Health, **University of Newcastle**: *Advancing the science of behaviour change*.**Environment and Social Ecology of Infectious Diseases** network: *The role of behaviour and behaviour change in the transmission of airborne infection*, University College London.**BPS Division of Clinical Psychology** London branch, London: *Understanding and developing effective techniques of behaviour change*.**Infectious Disease Research Network** conference on Lessons Learned from Swine Flu, London: *Policy and research working together*. |
| 2009 | **MRC Human Nutrition Research Centre**, University of Cambridge: *Improving health by changing behaviour*.**NHS Centre for Smoking Cessation and Training** national meeting, Cumberland Lodge, Windsor: *Identifying key specialist competences for smoking cessation*.**Peninsula Medical School** Workshop on Complex Interventions and Medical Education, Exeter: *Training stop smoking specialists: a complex intervention*. |
| 2008 | **Medical Research Council** Workshop on Pathways to Mental Wellbeing, London: *Risk and public health messages*.**British Psychological Society** “Psychology for All” conference, London: *Learning from research: changing health professionals’ behaviour*.**National Institute for Clinical Excellence** 10th anniversary national conference, Manchester: *Behaviour change and health improvement – making it happen*.**Department of Health** NHS Health Trainers Hub Partnerships meeting, Cambridge: *A web-based e-learning tool based on the NHS Health Trainer Handbook.***Wellcome/BIOS Centre** symposium, London: The Future of Biological Control: *Psychological issues in genetic technologies*.**National Institute of Health and Clinical Excellence** Technical Forum: *Evidence into recommendations*.**Cross-government** UK Scientific Pandemic Influenza advisory committee, London: *Behavioural sciences relevant to pandemic influenza*.**Department of Health** seminar to Lord Darzi, other government ministers and DoH Directors as part of NHS Next Stage Review Futures Project, London: *Changing behaviour to improve health*.**King’s Fund**, London: *Behaviour change in low income groups.*Institute of Applied Health Sciences, **University of Aberdeen**: *Advancing the science of behaviour change*. |
| 2007 | **Camden Primary Care Trust** Public Health Department, London: *Supporting behaviour change in ‘hard to reach’ groups: the Camden Health Trainers*.**University of Leeds**: *Implementation of evidence based practice*.**University of Nottingham**: *Understanding behaviour change to improve health.***King’s Fund** Health Summit: The Patient of the Future, Leeds Castle: *Making lifestyle changes*.**Medical Research Council** Population Health Sciences Research Network annual meeting: *Changing behaviour: towards best practice in the development of complex interventions*.**National Institute of Health and Clinical Excellence** Technical Forum, London: *The dynamics of decision making in guidelines*.**NHS Confederation Health Services** Research Network conference, The Impact of Health Services Research on Policy in the NHS: *Changing professional behaviour to improve health*.**University of Southampton**: *Investigating theoretical explanations for behaviour change.***University of Manchester**: *Changing behaviour to change health: theory and policy.*Department of Psychology, **University of Sheffield**: *Techniques and theories of behaviour change*. |
| 2006 | School of Human and Life Sciences, **University of Roehampton**: *How do behaviour change interventions work?*Behavioural Sciences Group, **University of Cambridge**: *Using theory to explain intervention delivery and receipt: the case study of ProActive*.Hygiene Centre, **London School of Hygiene and Tropical Medicine**: *Changing behavior to change health.***University College London**, Inaugural Address: *Changing behavior to change health.*Wolfson Institute of Preventive Medicine, **Barts and the London**: *Developing and evaluating psychosocial interventions.***Camden and Islington** Mental Health and Social Care Trust: *The politics of health care: health trainers.*Institute of Women and Children’s Health, **University College London**: *Risk, behaviour and health.* |
| 2005 | Centre for Health Services Research, **University of Newcastle**: *Using psychological theory in changing behaviour*.Department of Psychology, **University of Surrey**: *Changing health behaviours: theory and techniques.***BPS/University of Leeds**: *Translating theory into practice: making psychological theory more useable for health psychologists in primary care.* |
| 2004 | **University College London**, Galton Institute of Genetic Medicine seminar series: *Communicating genetic risk information and its impact: a behavioural science approach.*Department of Experimental Psychology, **University of Oxford**: *Festschrift* on the retirement of Professor Peter Bryant.Mental Health Division, Department of Health: *Preventing mental and physical ill health*.Department of Psychology, University of Stirling: *Implementing evidence based practice: making psychological theory useful.*University of Bath: *Evidence into practice: theory based studies of implementing national guidelines.***Department of Health/Prime Minister’s Strategy Unit**: *Developing effective evidence-based behaviour change interventions*.Department of Psychology, **University College London**: *Personal responsibility and changing behaviour.* |
| 2003 | Department of Experimental Psychology, **University of Oxford**: *Genetic testing: informed choice?*Health Service Research Unit, **University of Aberdeen**: *Implementing evidence based practice: making psychological theory useable.***University of Sussex**: *Informed choice in health care: the role of attitudes.***University College London**, Centre for Bioscience and Society launch: *Genetic testing: who really decides?*Health Service Research Unit, **University of Aberdeen**: *Promoting the uptake of research evidence*.Department of Psychology (Health Group), **University College London**: *Implementing evidence based practice: making psychological theory useable.***North London Primary Care Network**: *Evaluation of a smoking cessation intervention by community pharmacists*. |
| 2002 | Department of Psychology, **University College London**: *Genetic testing: choice, communication and consequences.* |
| 2001 | **European Health Psychology Society** Annual Conference, St Andrews, Scotland: *How action plans work: a learning theory explanation.***University of Wales** College of Medicine: *Non-directiveness in genetic counselling.*Royal Free and University College Medical School, Department of Psychiatry and Behavioural Sciences, **University of London**: *The impact of the New Genetics.*School of Social Sciences, **University of Sussex**: *Psychological responses to genetic risk information.* |
| 2000 | Centre for Family Research, **University of Cambridge**: *Psychological aspects of predictive genetic testing.***University of Leeds**, Division of Health Psychology Annual Conference, Invited Workshop: *Professional qualification and consultancy.***St George’s Hospital Medical School**, University of London: *Health of the NHS Workforce: a systematic review.*Department of Psychology, **University of Sheffield**, *Disease risk: the psychological impact of genetic testing*. |
| 1998 | Clinical Genetics Department, **University of Birmingham**: *Psychological aspects of predictive genetic testing.* |
| 1997 | **Wellcome Trust** Invited Conference, Understanding Genetics – How Much Do We Know?: *Communicating genetic information: experts dealing with uncertainty*.Department of Genetics, Guy’s Campus, **University of London**: *Childhood predictive testing: some preliminary data.*Department of Psychology, **University of Southampton**: *The New Genetics: great promise, great concern.* |
| 1996 | Department of Psychology, **University of Bath**: *Psychological aspects of the New Genetics.*Centre for Family Research, **University of Cambridge**: *Behavioural and social science perspectives on genetic developments: genetic counselling.***Genetic Interest Group** 9th Interface Meeting: *Communicating and interpreting genetic information.* |
| 1995 | **Wellcome Trust** seminar: *A comparison of public and professionals’ attitudes towards genetic developments*.**Human Fertilisation and Embryology Authority** Annual Conference: *Psychological aspects of the new reproductive technologies*.**UK Social Science and Genetics Interest Group**, London: *Measuring recall of information given during genetic counselling.***Thomas Coram Research Unit**, University of London: *Predictive genetic testing in children: the need for psychological research.***Genetic Interest Group** ‘Genetics and the GP’: *Communicating genetic concepts.***University of Wales** Research Initiative Seminar, Cardiff: *Directive communication in genetic counselling.***UK Social Science and Genetics Interest Group**, London: *Predictive testing for familial cancers.* |

1. **Research and Publications**

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| **Main Collaborations With Other Research Teams/Institutions** |
| ***International*** |
| Monash, Australia (Profs Sally Green, Russ Gruen)Ottawa, Canada (Prof Jeremy Grimshaw) |
| ***UK*** |
| Aberdeen (Profs Marie Johnston, Jill Francis)Birmingham (Prof Paul Aveyard)Bristol (Profs Rona Campbell, Gene Feder)Cambridge (Dr Wendy Hardeman)Coventry (Prof David French)Dundee (Dr Jan Clarkson)Exeter (Prof Charles Abraham, Drs Richard Byng, Adrian Grant)Glasgow (Dr Danny White)Kent (Dr Tim Hopthrow)Leeds (Drs Rebecca Lawton, Andy Prestwich)Newcastle (Prof Martin Eccles, Dr Falko Sniehotta)Northumbria (Dr Susan Carr)Southampton (Prof Lucy Yardley)York (Dr Simon Gilbody) |
| ***London*** |
| Birkbeck College (Prof Jonathan Smith)King’s College London (Prof Peter Littlejohn, Dr James Rubin)NICE (Prof Mike Kelly) |
| ***UCL*** |
| Epidemiology and Public Health (Profs Rosalind Raine, Robert West, Drs Andy McEwen, Ben Gardner Sood, Lion Shahab)Infection and Population Health (Prof Anne Johnson, Dr Andrew Hayward)Psychology (Prof Steve Pilling)Medical School (Prof Rob Horne, Drs Elizabeth Murray, David Osborne, Henry Potts, Sheldon Stone) |

**Publications**

*Refereed Articles*

1. **Michie S**, West R, Spring B. (In press). Moving from theory to practice and back in social and health psychology. *Health Psychology*.
2. **Michie S**, West R. (In press). Behaviour change theory and evidence: a presentation to government. *Health Psychology Review*.
3. **Michie S**, Free C, West R. (In press). Characterising the ‘Txt2Stop’ smoking cessation text messaging intervention in terms of behaviour change techniques. *Journal of Smoking Cessation*.
4. Gardner B, Cane J, Rumsey N, **Michie S**. (Online). Behaviour change among overweight and socially disadvantaged adults: a longitudinal study of the NHS Health Trainer Service. *Psychology & Health*. Doi: 10.1080/08870446.2011.652112.
5. Stone S, Fuller C, **Michie S**, McAteer J, Charlett A. (In press). What is the optimal period for measuring hand-hygiene compliance: are longer periods better than 20 minutes? *Infection Control and Hospital Epidemiology*.
6. Fuller C, **Michie S**, Savage J, McAteer J, Besser S, Charlett A, Hayward A, Cookson BD, Cooper BS, Duckworth G, Jeanes A, Roberts J, Teare L, Stone S. (In press). The Feedback Intervention Trial (FIT) – improving hand-hygiene compliance in UK healthcare workers: a stepped wedge cluster randomized controlled trial. *PLoS ONE*.
7. Miners A, Harris J, Felix L, Murray E, **Michie S**, Edwards P. (In press). An economic evaluation of adaptive e-learning devices to promote weight loss via dietary change for people with obesity. *BMC Health Services Research*.
8. **Michie S**, Brown J, Geraghty A, Miller S, Yardley L, Gardner B, Shahab L, McEwan A, Stapleton J, West R. (In press). Development of StopAdvisor, a theory-based interactive, internet-based smoking cessation intervention. *Translational Behavioral Medicine*.
9. Brown J, **Michie S**, Geraghty AW, Miller S, Yardley L, Gardner B, Shahab L, Stapleton JA, West R. (In press). A pilot study of StopAdvisor: a theory-based interactive internet-based smoking cessation intervention aimed across the social spectrum. *Addictive Behaviors*.
10. Lorencatto F, West R, **Michie S**. (In press). Specifying evidence-based behaviour change techniques to aid smoking cessation in pregnancy. *Nicotine and Tobacco Research*.
11. Stone SP, Fuller C, Savage J, Cookson BD, Hayward A, Cooper B, Duckworth G, **Michie S**, Murray M, Jeans A, Roberts J, Teare L, Charlett A. (2012). An evaluation of the national Cleanyourhands campaign, an initiative to reduce Staphylococcus aureus bacteraemia and *Clostridium difficile* infection in hospitals in England & Wales through improved hand-hygiene: a four year prospective ecological interrupted time-series study. *BMJ*, *344*, e3005. Doi: 10.1136/bmj.e3005.
12. Beard E, McNeill A, Aveyard P, Fidler J, **Michie S**, West R. (In press). Associations between smokers’ attempts at harm reduction and smoking cessation: a prospective study of English smokers. *Tobacco Control*.
13. Beard E, Aveyard P, McNeill A, **Michie S**, Fidler J, Brown J, West R. (In press). Mediation analysis of the association between use of NRT for smoking reduction and attempts to stop smoking. *Psychology & Health*.
14. Beard E, Vangeli E, **Michie S,** West R. (In press). The use of Nicotine Replacement Therapy for smoking reduction and temporary abstinence: an interview study. *Nicotine and Tobacco Research, 14*, 113-140*.* Doi: 10.1093/ntr/ntr297.
15. **Michie S**, Whittington C, Hamoudi Z, Zarnani F, Tober G, West R. (In press). Identification of behaviour change techniques to reduce excessive alcohol consumption. *Addiction*. Doi: 10.1111/j.1360-0443.2012.03845.x.
16. Teasdale E, Yardley L, Schlotz W, **Michie S**. (2012). The importance of coping appraisal in behavioural responses to pandemic flu. *British Journal of Health Psychology, 17*, 44-59*.* Doi:10.1111/j.2044-8287.2011.02017.x
17. French SD, Green SE, O’Connor DA, MacKenzie JE, Francis JJ, **Michie S**, Buchbinder R, Schattner P, Spike N, Grimshaw JM. (2012). Developing theory-informed behaviour change interventions to implement evidence into practice: a systematic approach using the Theoretical Domains Framework. *Implementation Science, 7*, 38. Doi: 10.1186/1748-5908-7-38.
18. Cane J, O’Connor D, **Michie S**. (2012). Validation of the Theoretical Domains Framework for use in behaviour change and implementation research. *Implementation Science, 7,* 37. Doi: 10.1186/1748-5908-7-37.
19. Morrison LG, Yardley L, Powell J, **Michie S**. (2012). What design features are used in effective eHealth interventions? A review using techniques from critical interpretative synthesis. *Telemedicine and e-Health, 18*, 137-144. Doi: 10.1089/tmj.2011.0062.
20. French DP, Stevenson A, **Michie S**. (2012). An intervention to increase walking requires both motivational and volitional components: a replication and extension. *Psychology, Health and Medicine, 17*, 127-135. Doi:10.1080/13548506.2011.592843
21. **Michie S**, Johnston M. (2012). Theories and techniques of behaviour change: developing a cumulative science of behaviour change. *Health Psychology Review, 6*, 1-6. Doi: 10.1080/17437199.2012.654964.
22. Stavri Z, **Michie S**. (2012). Classification systems in behavioural science: current systems and lessons from the natural, medical and social sciences. *Health Psychology Review, 6,* 113-140. Doi: 10.1080/17437199.2011.641101.
23. Zhang C, Xiao D, West R, **Michie S**, Troughton R, Hajek P, Wang C. (2012). Evaluation of 3-day smoking cessation training course for doctors from 38 cities in China. *Chin Med J, 125*,1338-40.
24. Brose L, West R, **Michie S**, Kenyon J, McEwen A. (2012). Effectiveness of an online knowledge training and assessment programme for Stop Smoking Practitioners delivered by the NHS Centre for Smoking Cessation and Training (NCSCT). *Nicotine and Tobacco Research*. Doi: 10.1093/ntr/ntr286.
25. Harris J, Felix L, Miners A, Murray E, **Michie S**, Ferguson E, Free C, Lock K, Landon J, Edwards P. (2011). Adaptive e-learning to improve dietary behaviour: a systematic review and cost-effectiveness analysis. *Health Technolg Assess, 15,* 1-160. Doi: 10.3310/hta15370.
26. Wilkinson D, Sniehotta FF, **Michie S**. (2011). Targeting those in need: baseline data from the first English NHS Health Trainer Service. *Psychology, Health & Medicine, 16*, 736-748*.* Doi:10.1080/13548506.2011.564191
27. Dancyger C, Wiseman M, Jacobs C, Smith JA, Wallace M, **Michie S**. (2011). Communicating BRCA 1/2 genetic test results within the family: a qualitative analysis. *Psychology & Health, 26*, 1018-1035. Doi:10.1080/08870446.2010.525640
28. West R, Evans A, **Michie S**. (2011). Behaviour change techniques used in group-based behavioural support by the English Stop-Smoking Services and preliminary assessment of association with short-term quit outcomes. *Nicotine and Tobacco Research, 13*, 1316-20. Doi:10.1093/ntr/ntr120
29. Walker B, French S, Page M, O’Connor D, McKenzie J, Beringer K, Murphy K, Keating J, **Michie S**, Francis J, Green S. (2011). Management of people with acute low-back pain: a survey of Australian chiropractors. *Chiropractic & Manual Therapies*, *19*, 29. Doi: 10.1186/2045-709X-19-29.
30. **Michie S**, Ashford S, Sniehotta FF, Dombrowski SU, Bishop A, French DP. (2011). A refined taxonomy of behaviour change techniques to help people change their physical activity and healthy eating behaviours – the CALO-RE taxonomy. *Psychology & Health, 26*, 1479-1498. Doi:10.1080/08870446.2010.540664
31. Hopthrow T, Feder G, **Michie S**. (2011). The Role of Group Decision Making Processes in the Creation of Clinical Guidelines. *International Review of Psychiatry, 23*, 358-364. Doi:10.3109/09540261.2011.606539
32. French DP, Williams SL, **Michie S**, Taylor C, Szczepura A, Stallard N and Dale J. (2011). A cluster randomised controlled trial of the efficacy of a brief walking intervention delivered in primary care: Study protocol, *BMC Family Practice, 12*, 56*.* Doi: Doi:10.1186/1471-2296-12-56
33. Hardeman W, **Michie S**, Kinmonth AL, Sutton S. (2011). Do increases in physical activity encourage positive beliefs about further change in the *ProActive* cohort? *Psychology & Health, 26*, 899-914. Doi:10.1080/08870446.2010.512662
34. Bish A, Lucy Y, Nicholl A and **Michie S**. (2011). Factors associated with uptake of vaccination against pandemic influenza: a systematic review. *Vaccine, 29*, 6472-6484*.* Doi:10.1016/j.vaccine.2011.06.107.
35. Beard E, McNeill A, Aveyard P, **Michie S**, West R. (2011). Use of nicotine replacement therapy for smoking reduction and during enforced temporary abstinence: a national survey of English smokers. *Addiction, 106*, 197-204. Doi:10.1111/j.1360-0443.2010.03215.x
36. Smith JA, Dancyger C, Wallace M, Jacobs C, **Michie S**. (2011). The development of a methodology for examining the process of family communication of genetic test results. *Journal of Genetic Counseling, 20,* 23-34. Doi:10.1007/s10897-010-9317-x
37. GJ, Potts HWW, **Michie S**. (2011). Likely uptake of swine and seasonal flu vaccines among healthcare workers. A cross-sectional analysis of UK telephone survey data. *Vaccine, 29,* 2421-2428. Doi:10.1016/j.vaccine.2011.01.035
38. **Michie S**, Abraham C, Eccles MP, Francis JJ, Hardeman W, Johnston M. (2011). Methods for strengthening evaluation and implementation: specifying components of behaviour change interventions: a study protocol. *Implementation Science, 6,* 10. Doi:10.1186/1748-5908-6-10 [Highly accessed]
39. Amemori A, **Michie S,** Korhonen T, Murtomaa H, Kinnunen T. (2011). Assessing implementation difficulties in tobacco use prevention and cessation counselling among dental providers. *Implementation Science,* *6*, 50. Doi:10.1186/1748-5908-6-50
40. Amemori A, Korhonen T, Kinnunen T, **Michie S**, Murtomaa H. (2011). Enhancing implementation of tobacco use prevention and cessation counselling guideline among dental providers: a cluster randomised controlled trial. *Implementation Science, 6*, 13. Doi:10.1186/1748-5908-6-13
41. **Michie S**, van Stralen MM, West R. (2011). The Behaviour Change Wheel: a new method for characterizing and designing behaviour change interventions. *Implementation Science, 6,* 42. Doi:10.1186/1748-5908-6-42 [Highly accessed; nominated for BMC Annual Research Award]
42. Carr SM, Lhussier M, Forster N, Geddes L, Deane K, Pennington M, Visram S, White M, **Michie S**, Donaldson C, Hildreth A. (2011). An evidence synthesis of qualitative and quantitative research on component intervention techniques, effectiveness, cost-effectiveness equity and acceptability of different versions of health-related lifestyle advisor role in improving health. *Health Technology Assessment, 15.*  Doi:10.3310/hta15090
43. **Michie S**, Hyder N, Walia A, West R. (2011). Development of a taxonomy of behaviour change techniques used in individual behavioural support for smoking cessation. *Addictive Behaviors, 36,* 315-319. Doi:10.1016/j.addbeh.2010.11.016
44. **Michie S**, Churchill S, West R. (2011). Identifying evidence-based competences required to deliver behavioral support for smoking cessation. *Annals of Behavioral Medicine, 41*, 59-70. Doi:10.1007/s12160-010-9235-z
45. Hardeman H, Kinmonth AL, **Michie S**, Sutton S. (2011). Theory of Planned Behaviour cognitions do not predict self-reported or objective physical activity levels or change in the ProActive Trial, *British Journal of Health Psychology, 16*, 135-150. Doi:10.1348/135910710X523481
46. Yardley L, Joseph J, **Michie S**, Weal M, Wills G, Little P. (2010). Evaluation of a web-based intervention providing tailored advice for self-management of minor respiratory symptoms: exploratory randomized controlled trial. *Journal of Medical Internet Research, 12*, e66. Doi:10.2196/jmir.1599
47. Dancyger C, Smith JA, Jacobs C, Wallace M, **Michie S**. (2010). Comparing family members’ motivations and attitudes towards genetic testing for hereditary breast and ovarian cancer: a qualitative analysis. *European Journal of Human Genetics, 18*, 1289-1295. Doi:10.1038/ejhg.2010.114
48. Wiseman, M, Dancyger C, **Michie S**. (2010). Communicating genetic risk information within families: a review. *Familial Cancer, 9,* 691-703. Doi:10.1038/sj.ejhg.5201822
49. McKenzie JE, O'Connor DA, Page MJ, Mortimer DS, French SD, Walker BF, Keating JL, Grimshaw JM, **Michie S**, Francis JJ, Green SE. (2010). Improving the care for people with acute low-back pain by allied health professionals (the ALIGN trial): cluster randomised trial protocol. *Implementation Science, 5,* 86. Doi:10.1186/1748-5908-5-86
50. Clarkson JE, Ramsay CR, Eccles MP, Eldridge S, Grimshaw JM, Johnston M, **Michie S**, Treweek S, Walker A, Young L, Black I, Bonetti D, Cassie H, Francis J, MacKenzie G, MacPherson L, McKee L, Pitts N, Rennie J, Stirling D, Tilley C, Torgerson C, Vale L. (2010). The translation research in a dental setting (TRiaDS) programme protocol. *Implementation Science 5*, 57. Doi:10.1186/1748-5908-5-57
51. **Michie S**, Prestwich A, de Bruin M. (2010). Importance of the nature of comparison conditions for testing theory-based interventions: reply to commentary. *Health Psychology, 29*, 468–470.
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2. O’Connor D, French S, Walker B, Grimshaw J, **Michie S**, Francis J, Green S, on behalf of ALIGN (Acute Low-back pain Implementing Guidelines iNto practice) study group. Identifying barriers and enablers to the uptake of evidence-based guidelines for acute low-back pain by Australian chiropractors: a qualitative study using a theoretical framework. Platform presentation. Translating Evidence into Practice: World Federation of Chiropractic Education Conference, Australia, September 2012.
3. McEwan A, Lorencatto F, **Michie S**, West R. Stop smoking practitioners’ self-reported use of evidence-based behaviour changes techniques (BCTs). Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA, March, 2012.
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12. Brown J, West R, **Michie S**. The development and piloting of StopAdvisor: an internet-based smoking cessation intervention. UK Society for Behavioural Medicine Annual Scientific Meeting, Stirling, 2011.
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191. Marteau T, Saidi G, Goodburn S, Lawton J, **Michie S**, Bobrow M. Numbers or words? A randomised controlled trial of presenting screen negative results to pregnant women. 7th European Meeting of Psychosocial Aspects of Genetics, Manchester, Sept 2000. *Journal of Medical Genetics*, *37*. Supplement 11.
192. Smith JA, **Michie S**, Quarrell O. Genetic testing for Huntingtons Disease: an interpretative phenomenological analysis of candidates perceptions of risk and decision-making processes. 7th European Meeting of Psychosocial Aspects of Genetics, Manchester, Sept 2000. *Journal of Medical Genetics, 37*, Suppl. 11.
193. **Michie S**, Marteau T. Predictive genetic testing in children and adults: a study of emotional impact. British Psychological Society Division of Health Psychology Annual Conference, Canterbury, Sept 2000.
194. Senior V, Smith J, **Michie S**, Marteau, T. Perceptions of an inherited increased risk of heart disease. British Psychological Society, Division of Health Psychology Annual Conference, Canterbury, Sept 2000.
195. Dormandy E, **Michie S**, Weinman J, Marteau T. The influence of test presentation on uptake of a screening test. British Psychological Society, Division of Health Psychology Conference, Canterbury, 2000.
196. Abraham C, **Michie S**. Professional Qualification in Health Psychology. Workshop at British Psychological Society, Division of Health Psychology Annual Conference, Canterbury, Sept 2000.
197. Dormandy E, **Michie S**, Weinman J, Marteau T. The influence of test presentation on uptake of a screening test. Poster presented at the British Psychological Society, Division of Health Psychology Annual Conference, Canterbury, Sept 2000.
198. **Michie S**, Marteau T. High risk behaviour in the face of low risk information: predictive genetic testing. The 14th Conference of the European Health Psychology Society, Leiden, August, 2000.
199. Elwy R, **Michie S**, Marteau TM. Emotional and cognitive factors in communicating a diagnosis of Down syndrome. The 14th Conference of the European Health Psychology Society, Leiden, August, 2000.
200. **Michie S**, Broadstock M, Marteau T. The psychological consequences of predictive genetic testing. British Psychological Society Division of Health Psychology Annual Conference, Leeds, Sept 1999.
201. **Michie S**, Williams, S. Psychological ill-health and associated sickness absence in NHS staff: a systematic literature review. British Psychological Society Division of Health Psychology Annual Conference, Leeds, Sept 1999.
202. Senior V, **Michie S**, Marteau T. Behavioural models of inherited diseases. British Psychological Society, Division of Health Psychology Annual Conference, Leeds, Sept 1999.
203. Smith J, **Michie S**. Genetic testing for Huntington’s Disease: candidates’ perceptions of risk and decision-making processes. Understanding high threat behaviour in the face of low risk information. British Psychological Society, Division of Health Psychology Annual Conference, Leeds, Sept 1999.
204. Marteau T, **Michie S**, Miller J. British Psychological Society, Division of Health Psychology Annual Conference, Leeds, Sept 1999.
205. Marteau T, Broadstock M, **Michie S**. The psychological consequences of predictive genetic testing: a systematic review. Clinical Genetics Society, London, March 1999.
206. **Michie S**, Marteau TM. Predictive genetic testing for a treatable condition: the role of counselling. The Fifth International Congress of Behavioral Medicine, Copenhagen, August 1998.
207. **Michie S**, Smith J. Geneticists’ beliefs about genetic counselling. British Psychological Society, Division of Health Psychology Annual Conference, Bangor, July 1998.
208. **Michie S**, Adolph A, Marteau TM. Psychological responses to threatening information: the difference between adults and children. British Psychological Society, Division of Health Psychology Annual Conference, Bangor, July 1998.
209. **Michie S**, Allanson A, Elwy R, Smith J. Genetic counselling: dealing with uncertainty. 11th Conference of the European Health Psychology Society, Bordeaux, September 1997.
210. Broadstock M, **Michie S**, Marteau T. The process and outcomes of decision making about gene testing for hereditary breast and ovarian cancer – study in progress. Poster at the European Decision Making Conference, Leeds, August, 1997.
211. **Michie S**, Marteau T. The psychological impact of genetic testing for hereditary breast and ovarian cancer. Fourth international meeting on psychosocial aspects of genetic testing for hereditary breast and/or ovarian cancer, Erasmus University, Rotterdam, June 1997.
212. **Michie S**, Smith D, Marteau T. Towards a brief measure of heuristic and systematic decision making. British Psychological Society, Special Group in Health Psychology Annual Conference, York, July 1996.
213. Smith D, **Michie S**, Marteau TM. Facilitating decisions about prenatal screening: assessing outcomes of two common interventions. British Psychological Society, Special Group in Health Psychology Annual Conference, York, July 1996.
214. Marteau TM, Smith DK, **Michie S**. Impact of risk presentation upon risk perception. British Psychological Society, Special Group in Health Psychology Annual Conference, York, July 1996.
215. **Michie S**. Evaluating the effects of childhood testing. Genetic testing of children: British Medical Association, the Genetic Interest Group and Euroscreen, London, June 1996.
216. **Michie S**, Bobrow M, Marteau TM. Genetic counselling: The psychological impact of meeting patients’ expectations. British Human Genetics Conference, York, September, 1996.
217. Allanson A, **Michie S**, Bobrow M, Marteau TM. The objectives of genetic counselling: a comparison of patients’ and professionals’ views. British Human Genetics conference, September, 1996.
218. **Michie S**, Bobrow M, Marteau TM. Genetic testing of children: psychological impact. Poster presented at the British Human Genetics conference, September, 1996.
219. Marteau T, **Michie S**, Bobrow M. The psychological impact of predictive genetic testing for familial adenomatous polyposis: a multicentred descriptive study. Society of Behavioral Medicine, Washington, March 1996.
220. **Michie S**. The psychological impact of population-based carrier testing for Cystic Fibrosis: a three year follow-up. Symposium on Genetic Screening, University of Amsterdam, November 1995.
221. **Michie S**, Marteau T. Using linear models to investigate non-linear processes: an example from genetic counselling. Annual conference of the British Psychological Society, Special Group in Health Psychology, Bristol, September 1995.
222. Marteau T, Axworthy D, **Michie S**. Separating the research from the researched: is it possible or even desirable? Annual conference of the BPS Special Group in Health Psychology, Bristol, September 1995.
223. Marteau, T, **Michie S**, Bobrow M. Non-directiveness in genetic counselling: an empirical study. Clinical Genetics Society, York, September 1995.
224. Marteau T, Axworthy D, **Michie S**. Separating the researcher from the researched: is it possible or even desirable? Annual Conference of the British Psychological Society, Special Group in Health Psychology, BPS, University of the West of England, 1995.
225. **Michie S**, Marteau T, McDonald V. Understanding predictive genetic testing: A grounded theory approach. The 8th Conference of the European Health Psychology Society, Alicante, 1994.
226. Marteau T, **Michie S**, McDonald V. Functional pessimism as a response to risk reducing information. Annual conference of the British Psychological Society, Special Group in Health Psychology, Sheffield, 1994.
227. Mohammed S, Barnes C, Watts S, **Michie S**, Hodgson S. Attitudes to predictive testing for BRCA1. British Medical Genetics Conference, York. *Journal of Human Genetics, 55*, Suppl. A64, 346, 2004.
228. Marteau TM, McDonald V, Axworthy D, **Michie S**, Bobrow M. Predictive genetic testing for familial bowel cancer: psychological effects. Third International Congress of Behavioural Medicine, 1994.
229. **Michie S**. Sandhu S. Assessing stress management in clinical medical students. British Psychological Society, Health Psychology Annual Conference, Nottingham, 1993.
230. **Michie S**. Rosebert C, Heaversedge J, Madden S, Parbhoo S. The effects of different types of information on women attending an out-patient breast clinic. British Psychological Society, Health Psychology Annual Conference, Nottingham, 1993.
231. **Michie S**. Stress management and absenteeism amongst hospital staff. British Psychological Society, Health Psychology Annual Conference, St. Andrews, 1992.
232. Johnston M, **Michie S**, Cockcroft A. Uptake and impact of health screening for hospital staff. Society of Behavioural Medicine, New York, 1992.
233. **Michie S**. Evaluation of a stress counselling service for staff. British Psychological Society, Occupational Psychology Conference, Liverpool, 1992.
234. **Michie S**. Johnston M, Cockroft A, Insall C, Gooch C. Health screening for hospital staff. British Psychological Society, Health Psychology Annual Conference, Nottingham, 1991.
235. **Michie S**. Marteau T, Kidd J. Predicting antenatal class attendance: attitudes of self and others. The European Health Psychology Proceedings of the 4th Conference. England: Bocardo Press, 1991.
236. **Michie S**. Marteau T, Kidd J. Intervention to increase antenatal class attendance. 4th European Health Psychology Society Conference, Oxford, 1990.
237. **Michie S**. Marteau T, Kidd J. Antenatal classes: knowingly undersold? 10th conference of the Society of Reproductive and Infant Psychology, Cambridge, 1990.
238. **Michie S**. Antenatal classes: predicting attendance and birth outcomes, British Psychology Society London Conference, 1987.

**Symposium/Roundtable/Workshop Convenor/Discussant/Moderator**

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| 2012 | *Translating evidence of effectiveness of behavior change interventions for smoking cessation into a national program*. Symposium convenor and chair. Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA.*Advancing the science and practice of behavioral support for smoking cessation*. Workshop convenor and chair. Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA. |
| 2011 | *Behaviour change research and policy: implications for behavioural medicine of the House of Lords’ Science and Technology Select Committee 2011 report*. Convenor, UK Society for Behavioural Medicine Annual Scientific Meeting, Stirling.*Translating evidence of effectiveness of behaviour change interventions into a national programme.* Symposium convenor and chair. 25th Annual Conference of the European Health Psychology Society, Crete, Greece.*Designing and testing public health interventions in developing countries.* Discussant, 25th Annual Conference of the European Health Psychology Society, Crete, Greece. *Managing cardiovascular disease: Practical behaviour change strategies.* Workshop. Australian Cardiac Rehabilitation Conference. Perth, Australia, August 2011. |
| 2010 | Belgian Presidency of the European Council Conference on lessons learned from the influenza pandemic A(H1N1). Chair, *Impact of messages and changing behaviour: tracking, polling and tools*, Brussels, July 2010.WHO *Public Health Strategic Communication* workshop, Moderator. Geneva, Switzerland, May 2010.*Lessons Learned from Swine Flu: How should we study the next pandemic?* Infectious Disease Research Network national conference, Chair. London, May 2009. |
| 2009 | *Psychological principles underpinning interventions for smoking prevention and cessation.* Symposium convenor. 22nd Annual Conference of the European Health Psychology Society, Pisa, Italy, September 2009.*Creating tailored internet-delivered health behavioural change interventions using LifeGuide.* Workshop convenor British Psychological Society, Division of Health Psychology Annual Conference, Aston University, September 2009. *Intervening to change behaviour.* Symposium convenor British Psychological Society, Division of Health Psychology Annual Conference, Aston University, September 2009.*Researching complex interventions: new guidance*. Symposium Co-convenor. UK Society for Behavioural Medicine 4TH Annual Scientific Meeting, Exeter, January, 2009.*The Role of Theory and research on behaviour change in changing practice in the NHS.* Discussant. UK Society for Behavioural Medicine 4TH Annual Scientific Meeting, Exeter, January, 2009.*Creating internet-delivered health behaviour change interventions using the LifeGuide.* Workshop convenor, UK Society for Behavioural Medicine, 4th Annual Scientific Meeting, Exeter, January 2009. |
| 2008 | *Role of psychological theory in advancing treatment and prevention.* Symposium convenor, 10th Annual Conference of the Society for Research in Nicotine and Tobacco, Rome, Italy, September 2008.*Developing Theory: Practice and Principles.* Symposium convenor, 22nd Annual Conference of the European Health Psychology Society, Bath, UK, September 2008.*Theory-Based Intervention Approaches to Health Behaviour Change.* Symposium discussant, 22nd Annual Conference of the European Health Psychology Society, Bath, UK, September 2008.*Role of psychological theory in promoting clinical interventions for smoking cessation.* Symposium Convenor, 10th European Conference of the Society for Research on Nicotine and Tobacco. Rome, Italy, September, 2008.*Designing digital interventions to help overcome addictive behaviours*. Invited workshop, Windsor, UK. Discussant. |
| 2006 | *Changing Health Behaviours: the relevance of Psychological* *Theory*. Symposium convenor, 9th International Congress of Behavioural Medicine, Bangkok, Thailand. *Lifestyle changes and health self-regulation.* Symposium discussant, 26th International Congress of Applied Psychology, International Association of Applied Psychology, Athens, Greece. *Psychological theory and methods applied to evidence-based practice of doctors and dentists*. Symposium Discussant, Division of Health Psychology Annual Conference, University of Essex, Sept 2006.*‘There is nothing as practical as a good theory’: theory-based clinical interventions*. Symposium Discussant, Division of Health Psychology Annual Conference, University of Essex, Sept 2006.*Monitoring as a learning and motivational tool*. Presentation to scientific workshop, Monitoring the Management of Chronic Disease: Principles of Evidence-based Practice, Budapest, Hungary.*Complex interventions: the MRC Framework.* Discussant for Population Health Sciences Research Network Workshop, London, May 2006. |
| 2005 | *Behaviour Change Interventions: developing a classification system.* Convenor of UK Society of Behavioural Medicine Scientific Meeting Workshop, London.*Behaviour change interventions: theory and methods.* Convenor of joint European Health Psychology Society and International Society of Behavioural Medicine Symposium, 19th Annual Conference of the European Health Psychology Society, Galway, Ireland, Sept 2005. |
| 2004 | *Implications of genomics for health behavior and health education*. Roundtable at conference of the Michigan Center for Genomics and Public Health, USA.*Using psychological theory to advance evidence-based health professional practice.* Symposium convenor, British Psychological Society, Division of Health Psychology Annual Conference, University of Edinburgh, Sept 2004.*Satellite Workshop on Stage 1 and Stage 2 Health Psychology Training.* British Psychological Society, Division of Health Psychology Annual Conference, University of Edinburgh, Sept 2004.*Stage 2 Supervisors’ Training Workshop*. British Psychological Society, Division of Health Psychology Annual Conference, University of Edinburgh, Sept 2004.*Theory based interventions: What works and why?* Symposium convenor, Inaugural conference of the Health Psychology Division, Psychological Society of Ireland, Galway, Ireland.*Understanding professional practice: A key to improving health care delivery.* Convenor of joint European Health Psychology Society and International Society of Behavioural Medicine Symposium, 18th Annual Conference of the European Health Psychology Society, Helsinki, Finland.*Enhancing the practice of health professionals: making theory useful.* Convenor of joint International Society of Behavioural Medicine and European Health Psychology Society Symposium, 8th International Congress of Behavioural Medicine, Mainz, Germany.*The European Diploma in psychology and the future of the profession.* Roundtable participant, European Health Psychology Conference, Helsinki, Finland.  |
| 2003 | *NHS Careers for Health Psychologists: Current Developments.* Workshop presenter, British Psychological Society, Division of Health Psychology Annual Conference, University of Staffordshire.*Implementation research in evidence based practice: the need for psychological theory*. Workshop convenor, British Psychological Society, Division of Health Psychology Annual Conference, University of Staffordshire. |
| 2001 | *Informed choice: measuring and facilitating*. Symposium convenor, British Psychological Society, Division of Health Psychology Annual Conference, St. Andrews, Scotland. *The UK Qualification in Health Psychology*. BPS Division of Health Psychology Annual Conference, St. Andrews, Scotland. Discussant. |
| 2000 | *The interface between health psychology and clinical health psychology*. BPS Division of Health Psychology Annual Conference, Canterbury. Discussant. |
| 1998 | *Psychological aspects of genetic testing for cancer*. Symposium convenor, 5th International Congress of Behavioural Medicine, Copenhagen.*Becoming a chartered health psychologist*. BPS Division of Health Psychology Annual Conference, Bangor. Discussant. |
| 1997 | *Testing Leventhal’s self-regulation model: general lessons for model testing in health psychology*. Symposium convenor, British Psychological Society Special Group in Health Psychology Annual Conference, Southampton. |
| 1996 | *Decision making and prenatal and predictive testing*. Symposium convenor, 10th European Health Psychology Society Conference, Dublin, Ireland.*Decision making in health care*. Symposium convenor, British Psychological Society Special Group in Health Psychology Annual Conference, York.*Developing jobs for health psychologists*. Workshop convenor, British Psychological Society Special Group in Health Psychology Annual Conference, York: *Providing information*. 10th European Health Psychology Society Conference, Dublin. Discussant. |
| 1995 | *Explaining, predicting and changing behaviour: methodological issues.* Symposium convenor, British Psychological Society Special Group in Health Psychology, University of the West of England. |

1. **Knowledge Transfer**

**Science and Health Care Policy Work**

***Policy papers/Commissioned reports***

1. Bish A, Yardley L, **Michie S**. (2011). Factors associated with uptake of vaccination against pandemic influenza: a review of the scientific evidence. Commissioned by the Scientific Pandemic Influenza Advisory Committee.
2. Bish A, Yardley L, **Michie S**. (2011). Health care workers’ willingness to work during a pandemic. Commissioned by the Scientific Pandemic Influenza Advisory Committee.
3. Bish A, **Michie S**. (2011). Behavioural and attitudinal determinants of protective behaviours during a pandemic. Commissioned by the Scientific Pandemic Influenza Advisory Committee.
4. Bish A, **Michie S**. Principles of effective communication. Commissioned by the Scientific Pandemic Influenza Advisory Committee. For series of papers, see <http://www.dh.gov.uk/en/Publicationsandstatistics/DH_125318>
5. Featherstone H, Reed H, Jarvis M, **Michie S**, Gilmore A, West R, Bauld L, Arnott D, Scally G. (2010). APPG Inquiry into the effectiveness and cost-effectiveness of tobacco control: Submission to the Spending Review and Public Health White Paper Consultation process. ISBN 978-1-872428-84-0.
6. Brose L, **Michie S**, McEwen A, West R. (2010). The NHS Stop-Smoking Services and the NHS Centre for Smoking Cessation and Training (NCSCT) – a publicly funded evidence-based behaviour change intervention, its evaluation and the development of evidence base and training to advance its success: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
7. Bish A, **Michie S**. (2010). Changing behaviour to prevent and manage influenza in the 2009 H1N1 pandemic: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
8. West R, **Michie S**. (2010). Behaviour change: the importance of seeing the whole picture and a critique of ‘Nudge’: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
9. **Michie S**, West R. (2010). Behaviour change interventions: evidence and applications: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
10. Gardner B, **Michie S**, Rumsey N. (2010). NHS Health Trainers: an example of an evidence based behaviour change intervention aimed at reducing health inequalities: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
11. Smith J, Gardner, **Michie S**. (2010). Health Trainers: National End of Year Report (2008-2009). Commissioned by the Health Inequalities Unit, Department of Health.
12. Smith J, Gardner, **Michie S**. (2010). Data Collection and Reporting System (DCRS): A step-by-step user guide to replicating results from the National DCRS report 2009. Commissioned by the Health Inequalities Unit, Department of Health.
13. Smith J, Gardner B, **Michie S**. (2010). Health Trainers: National Data Collection Reporting System (DCRS) report. Commissioned by the Health Inequalities Unit, Department of Health.
14. White J, Rumsey N, **Michie S**. (2009). Evidence of the effectiveness of interventions to change behaviours related to health in young people aged 11-18. Commissioned by the Health Inequalities Unit, Department of Health.
15. Smith D, Rumsey N, **Michie S**. (2009). The standardised DCRS report framework – a nationally developed tool for local and regional use. Commissioned by the Health Inequalities Unit, Department of Health.
16. Smith D, Gardener B, **Michie S**. (2009). National NHS Health Trainers Report 2007/2008. Commissioned by the Health Inequalities Unit, Department of Health.
17. Bell L, Bessell A, Wise J, Fahy F, Yardley L, Rumsey N, **Michie S**. (2009). Report on a qualitative review of an e-learning tool for Health Trainers.
18. Smith D, Gardner B, **Michie S**. (2008). National Health Trainer End of Year Report 2007/2008. Commissioned by the Health Inequalities Unit, Department of Health.
19. Gardner B, McAteer J, Davies A, **Michie S**. (2008). How should MMR uptake be promoted? An intervention feasibility study. Commissioned by Department of Health’s National Social Marketing Centre.
20. **Michie S**, Jochelson K, Markham WA, Bridle C. (2008). Low income groups and behaviour change interventions: An analysis of techniques in effective and ineffective interventions. Commissioned by the King’s Fund. [www.kingsfund.org.uk/publications/other\_work\_by\_our\_staff/lowincome\_groups.html](http://www.kingsfund.org.uk/publications/other_work_by_our_staff/lowincome_groups.html)
21. Wilkinson D, Jain P, Hyland L, **Michie S**. (2008). National Health Trainer Outcome and Evaluation Synopsis. Commissioned by the Health Inequalities Unit, Department of Health.
22. Wilkinson D, Jain P, Hyland L, **Michie S**. (2007). National Health Trainer Activity Report. Commissioned by the Health Inequalities Unit, Department of Health.
23. **Michie S**, Lawton R. (2005). British Psychological Society’s response to the Department of Health’s consultation document Action on Health Care Associated Infections in England.
24. **Michie S**, McAteer J, Davies A. (2005). Self-regulation strategies for promoting healthy eating in well adults: a systematic review of their effectiveness. Commissioned by the Department of Health/National Institute of Health and Clinical Effectiveness.
25. **Michie S**, Davies P. (2004). Review of the effectiveness of self-management strategies for promoting health behaviours in adults. Commissioned by the Public Health Division of the Department of Health as a submission to the “Choosing Health” consultation.
26. Armitage C, Abraham C, **Michie S**, et al. (2004). British Psychological Society’s response to the Department of Health’s consultation document “Choosing Health”.
27. Abraham C, Armitage C, **Michie S**. (2004). Skills Required to Deliver Evidence-Based Behaviour Change Interventions. Commissioned by the Public Health White Paper Team, Department of Health.
28. **Michie S**, Abraham C. (2004). Behaviour Change and Health: Briefing Paper. Commissioned by the Public Health White Paper Team, Department of Health.
29. **Michie S**, Abraham C, Jones C. (2003). Achieving the “Fully Engaged Scenario”: what works and why. Commissioned by the Public Health Division of the Department of Health as part of its submission to the Wanless Review II, HM Treasury.
30. Williams S, **Michie S**, Pattani S. (1998). Improving the Health of the NHS Workforce. A Nuffield Trust Report of the Partnership on the Health of the NHS Workforce. London: Nuffield Trust.

***Invited Seminar Presentations***

* World Health Organisation
* European Centre for Disease Prevention and Control
* Lord Darzi, other Government ministers and Department of Health Directors
* Prime Minister’s Strategy Unit
* Sir Derek Wanless as part of his Treasury review
* Alan Milburn, Secretary of State for Health
* King’s Fund
* Nuffield Trust

***Expert Advisor/Reviewer***

***International***

* **DECIDE**, EU/Spain, 2011-2015
* **Ottawa Health Research Institute,** Canada, 2010-
* **National Institute of Health Hyman Genome Research Institute, USA**: Quadrennial Review and Site Visit, Bethesda, Maryland, 2011
* **Norwegian Centre for Addiction Research** International Advisory Board, 2011-2014
* **European Centre for Disease Prevention and Control** Steering Group: Workshop on Behavioural Aspects of Vaccination against Influenza, **Sweden**, 2010-2011
* **Centre for Research in Evidence Based Practice**, Bond University, **Australia**,International Scientific Advisory Committee, 2010-
* **Knowledge Translation Canada** International Scientific Advisory Committee, 2010-
* **WHO Public Health Research Agenda for Influenza,** 2009-10
* **European Union** Health Directorate and the European Centre for Disease Control: Influenza Development and Research Priorities, Brussels, 2009
* **Netherlands Prevention Risk Communication Programme**, international expert advisor, 2008-9

***National***

* **House of Lords Science and Technology Committee Behaviour Change Inquiry:** expert witness, 2010
* **All Party Parliamentary Group on Smoking and Health inquiry:** expert witness, 2010
* **National Institute of Clinical and Health Excellence (NICE)** expert witness for Public Health Programme Guidance on Prevention of Type 2 Diabetes, 2010
* **Institute for Government’s** behaviour change network, 2010-
* Independent Review of the **UK Government Response to the 2009 H1N1 Pandemic,** 2010
* Chief Medical Officer’s **Statistical Legacy Group**, 2010
* **UK Scientific Advisory Group in Emergencies**, 2009-2010
* **UK Scientific Pandemic Influenza Advisory Group**, 2008-
* Training in Prevention Programme, **NHS Islington**, 2009
* **Cancer Research UK** Quinquennial Review of Research Programme and site visit, 2009
* Strategic Review Group for Prevention Research, **Diabetes UK,** 2008
* Working group, Health Weight for London’s children, developing our local workforce. **London Teaching Public Health Network,** 2008
* Expert panel, **Department of Health/ Action on Smoking & Health,** 2008
* Osteoarthritis Clinical Studies Working Group, **Arthritis Research Campaign,** 2008
* Strategic Review Group for Behavioural Research, **Cancer Research UK,** 2008
* Member of **King’s Fund** Health Summit: The patient of the future, 2008
* European technical workshop (“Flumodcont”): Survey methods for population behavior during seasonal and pandemic influenza, Rome 2008
* Advisory Group on **Pandemic Influenza Research Prioritisation**, Department of Health, 2008
* **High Level Clinical Effectiveness Research Agenda Group,** to advise Professor Sir John Tooke, Department of Health, 2007-2008
* Member, Expert Review Group, “Healthy Living” Social Marketing Programme, **Department of Health,** 2007-8
* **MRC** Health Services Research Collaboration: review of the MOBILE research programme, 2007
* Wrote the BPS response to **NICE’s Consultation on the Behaviour Change Programme guidance,** 2007
* **Department of Transport**, Developing Effective Road Safety Interventions for Speeding Motorists, 2006
* **British Psychological Society** Public Health Specialist Working Party, 2005
* Contributed to public health white paper, **Choosing Health**, and to the second **Wanless review of the NHS,** 2004-5
* **MRC Implementation Group**,Health Services Research Unit, University of Aberdeen, 2004
* **BPS Division of Health Psychology**, strategy meetings, 2001-2004

***Before 2001***

* Part of **National Taskforce on the Health of the NHS Workforce** and commissioned to write report, “Involving Staff in the NHS”, circulated to all Trust Chief Executives and Directors of Human Resources
* Invited expert to national strategy meeting, “Raising Health”, convened by **Dept of Health and the Faculty of Public Health**
* **Commission for Health Improvement** Staff Surveys Stakeholder Group
* **Commission for Health Improvement** Working Group on NHS Performance Assessment, commissioned to develop basis of national measure of NHS staff performance and well-being, currently implemented across England and Wales as NHS staff survey
* Commissioning Panel for the **NHS R&D** Evaluation of the London Patient Choice Project
* Contributor to the **Dept Health/MRC** Review of Research on Diabetes
* Assessor for **Dept Health** Expert Patients Programme evaluation
* **RCP/RCPsych** Working Party on the Psychological Care of Medical Patients, representing the British Psychological Society
* Commissioned to identify research issues in The NHS Plan for the NHS Executive, **London: R & D** Organisation and Management Group
* The **Nuffield Trust**: Steering Group, Genetics Scenario Project
* **Imperial College** of Science, Technology and Medicine: Advisory group for “Measures of Effectiveness of Clinical Genetics”
* The Partnership for the Health of the NHS Workforce, convened by the **NHS Executive**
* **Wellcome Centre** for Medical Science: Steering group of theatre project, "Dramatic genetics"
* **MRC**: Community Genetics Workshop Planning Group
* **Wellcome Centre** for Medical Science: expert advisor

***Expert Reviews/Consultancies***

* **NICE** Expert group to discuss update of Behaviour Change guidance
* **Department of Food, the Environment and Rural Affairs:** Unlocking Habits To Enable Pro-Environmental Behaviours: expert workshop
* **Department of Health:** Consultancy representing BPS Division of Health Psychology, including development of NHS Life Check development of NHS Health Trainers
* **Department of Health:** Academic Advisory Board
* **Department of Health National Social Marketing Centre**: Review and empirical project “Factors influencing uptake of childhood immunisation”
* **Tobacco Research Group, CRUK:** GP survey of smokers attitudes towards brief smoking cessation advice
* **King’s Fund:** systematic review of behavioural interventions
* **Chief Scientists Office, Scotland:** Translation Research in a Dental Setting
* **National Institute of Clinical Studies, Melbourne, Australia**: Visiting expert
* **Health and Safety Executive**: Expert review of “Review of existing supporting scientific knowledge to underpin standards of good practice for key work-related stressors”
* **Department of Health**: Development of the NHS Health Trainers Behaviour Change Handbook
* **Patient Safety Research Programme**: advisor to evaluation of CleanYourHands campaign
* **NHS Service Delivery and Organisation National R & D Programme:** advisor to cancer networks study
* **South London and Maudsley NHS Trust:** Supervision of evaluation on internal consultancy
* **Department of Transport:** Expert review of “Developing Effective Road Safety Interventions for Speeding Motorists”
* **Department of Health**: Advice on implementation of Public Health White Paper
* **Department of Health:** Two reviews of evidence of (a) psychological techniques and models of behaviour change interventions (b) self-management interventions in well populations
* **Mind Tools Corporation:** To review internet-based Stress Management Course
* **Camden PCT:** To advise on setting up and evaluating three new services: a smoking cessation service, an Expert Patients Programme and a community based public health service
* **Commission for Health Improvement:** To write brief for, and oversee the development of the first national NHS staff survey
1. **Teaching and Training**

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| ***Academic Supervision*** |
| Current | 7 PhDs, 6 Post-docs, 1 RAMentor for staff across two departments |
| Completed | 4 PhDs, 8 DClinPsy/DHealthPsy, 7 MSc, 23 Undergraduate projects (one received prize for best undergraduate research project) |

***International training workshops (since 2002)***

**2012**

* KT Canada Summer Research Institute, Ottawa, **Canada**
* National Health and Medical Research Council, Melbourne, **Australia**: Fellows Masterclass: *Translating research into practice*
* Society of Behavioral Medicine, New Orleans, USA: *Behaviour change techniques: a reliable method for specifying complex intervention content*

**2011**

* European Centre for Disease Prevention and Control. Stockholm, **Sweden**: *Tackling seasonal flu in Europe*
* Australian Cardiac Rehabilitation Conference. Perth, **Australia**: *Managing cardiovascular disease: Practical behaviour change strategies*
* University of **Ireland**, Galway: Invited workshop for Health Psychology MSc: *Designing behaviour change interventions: Behaviour Change Techniques and The Behaviour Change Wheel*

**2010**

* WHO Collaborating Center for Tobacco or Health, Beijing, **China**: Three day training in *Smoking cessation behavioural support*
* KT Canada Summer Institute, Calgary, **Canada**: Three day training in *Knowledge Transfer*
* Implementation Summer Research Institute (IRI),Washington University in St. Louis, **USA**: Five day programme for early career implementation researchers
* NHMRC National Institute of Clinical Studies, Melbourne, **Australia**: Fellows Masterclass: *Designing, Implementing and Reporting Interventions*
* Australian Satellite of the Cochrane Effective Practice & Organisation of Care (EPOC) Group. Melbourne, **Australia**, *Knowledge translation in health: What it is and how to do it*

**2009**

* European Health Psychology Society, Pisa, **Italy**: Three day workshop for early career psychologists: *Advancing the science of behaviour change: methods and theorie.*
* Department of Health Psychology, University **Medical Center, Groningen, Netherlands: Roundtable discussion for research staff and postgraduate students**

**2008**

* Postgraduate mentoring, 7th Conference on Psychology and Health, Lunteren, the **Netherlands**
* Cyprus International Institute for the Environment and Public Health/Harvard School of Public Health, Nicosia, **Cyprus**. Invited workshop: *Treating Nicotine Addiction: What you can do to Help your Patients Quit Smoking*
* University of **Oslo**/UCL, Windsor, UK. *Designing digital interventions to help overcome addictive behaviours*. Invited facilitator

**2007**

* Department of Psychology, **Freie Universität, Berlin, Germany: Roundtable discussion for postgraduate and undergraduate students**
* Canadian Institutes of Health Research: Ottawa, **Canada**. Invited workshop at the Symposium Behavioural Approaches to Knowledge Transfer organised by the Knowledge Translation-Improved Clinical Effectiveness through Behavioural Research Group (KT-ICEBERG): *Cognitive and Behavioural Change: What to change and how to do it*

**2006**

* National Institute of Clinical Studies, Melbourne, **Australi**a.Master Class for the Scholars and Fellows programme: *Getting the message across: writing guideline recommendations.* Workshop for 1st National Conference: *Getting the message across: writing guideline recommendations*
* European Health Psychology Society, Warsaw, **Poland**: Three day workshop for advanced career psychologists: *Putting theory into practice, and practice into theory*
* MRC International Collaboration, University of Aberdeen, **UK**. Workshop, *Behaviour change theory in implementation research: issues and evidence*

**2005**

* European Health Psychology Society, Galway, **Ireland**: Three day workshop for early career psychologists: *Developing and evaluating theory based interventions*
* Faculty member, ISBM and Finnish National Public Health Institute International Teaching Seminar, Lahti, **Finland**. *Applying the evidence base to prevent disease and improve health*

**2003**

* European Health Psychology Society, **Greece**: Three day workshop for mid-career psychologists: “*Risk perception and risk communication*”
* University of Braga, **Portugal**: Workshop for Health Psychology MSc students, *Interventions to change health behaviours: theory and evidence*

**2002**

* University of Galway, **Ireland**: Two day workshop for Health Psychology MSc students, *Developing and evaluating research-based interventions to change health behaviours*

***National training workshops***

Designed and lead the Health Psychology module for the professional doctorate in Clinical Psychology, UCL

Designed and lead the Health Psychology undergraduate course, UCL

Teach on the Intercalated BSc Psychology, King’s College London; Health Psychology MSc, UCL

**2012**

* BCT Taxonomy Project Workshop in conjunction with UCL Health Psychology MSc, London
* BCT Taxonomy Project Workshop in conjunction with Midlands Health Psychology Network CPD Events, Coventry

**2010**

* University of Oxford Doctoral training in Clinical Psychology: *Addiction and Behaviour Change*
* UCL postgraduate retreat: *the Behaviour Change Wheel: a new system for designing effective behaviour change interventions*

**2009**

* Health Psychology CPD Course, University of Aberdeen: *Theories in Health Psychology*

**2007**

* MRC Health Services Research Fellows Annual Conference: University of Bristol. Workshop, *Putting research ideas into practice*

**2004**

* MRC Health Service Research Fellow Annual Conference: University of Bristol. Workshop, *Developing research: using psychological theory*

# Other health professionals: Public health staff; nurses (Royal College of Nurses); genetic counsellors (Institute of Child Health); Science Communication Diploma (Birkbeck College); Health Education Authority staff; occupational health consultants and MSc students (London); GPs; psychiatrists; radiographers; dietetic managers; physiotherapists; health visitors; ancillary, clerical and managerial staff (Continuing Education); social workers.

Topics: Behaviour change techniques; handling violence; psychological assessment and brief interventions; stress management; handling difficult situations; assertiveness training; team-building; social skills training; drug and alcohol abuse; communicating with children; role-based management.

***Boards of Examiners***

University of West of England, Stage 2 in Health Psychology, 2006-

UCL, Specialist Doctorate in Clinical Psychology, 1995-

University of Sussex, MSc in Health Psychology, 2003-2007

National University of Ireland, MPsych Sc in Health Psychology, 2004-2006

University of York, BSc in Health Sciences, 2002-2006

University of Westminster, MSc in Health Psychology, 1999-2003

University of Bath, MSc in Health Psychology, accreditation visit, 1999

University of the West of England, MSc in Health Psychology, accreditation visit, 2000

British Psychological Society, Qualification in Health Psychology (Stage 1), 2003

***Thesis examination***

2011 PhD, City University, Thessaloniki, Greece.

2010 PhD, University of Helsinki, Finland.

PhD, University of Stirling

2009 PhD, University of London; 2 PhDs, University of Aberdeen

2008 PhD, University of London: DPsy, University of Staffordshire

2007 PhD, University of Leeds; PhD, University of London

2006 PhD, University of Cyprus; PhD, University of Coventry; PhD, University of London

2005 PhD, University of Aberdeen, PhD; University of Melbourne, Australia;

PhD, University of Cardiff; PhD, University of London

2004 PhD, University of Cambridge; PhD, University of Aston; PhD, University of London

2003 PhD, University of London

2002 PhD, University of Sheffield; PhD, University of London

2001 PhD, University of London

2000 Two DClinPsy, University of Surrey

1998 PhD, Macquarie University, Australia

1994 MSc, University of Kent

Since 2005 7 DClin theses, University of London

1. **Enabling**

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| ***Editorial Work*** |
| 2009- | Associate Editor, *Annals of Behavioral Medicine* |
| 2007- | Editorial Board, *Applied Psychology: Health and Well-Being* |
| 2006- | Associate Editor, *British Journal of Health Psychology*Editorial Board, *Health Psychology Review* |
| 2005- | Editorial Board, *Implementation Science*Guest Editor, *The Psychologist* |
| 2004 | Guest Editorial Board Member, *Health Education and Behavior* |
| 2001-2007 | Editorial Board, *Psychology and Health* |
| 2000 | Guest Editor, *Psychology and Health* |
| ***European Health Psychology Society (EHPS)*** |
| 2006-2008 | **Past President** |
| 2004-2006 | President |
| 2002-2005 | **President Elect** |
| 2006 | Member of **Policy** Committee |
| 2002-2007 | Member of **Publications** Committee |
| 2007 | Track chair for the **International Scientific Programme Committee** |
| 2002-2006 | Member of the **International Scientific Programme Committee** |
| 2003 | Chair of the **International Scientific Programme Committee** |
| ***British Psychological Society (BPS)*** |
| 1999-2006 | Member of **Board of Examiners** of Health Psychology |
| 2003-2006 | **Examiner** for BPS Stage 1 qualification in Health Psychology |
| 2002 | **Reviewer** of National Occupational Standards in Applied Psychology |
| 2002, 2003 | Division of Health Psychology’s **nomination** **for** **Award** for Distinguished Contributions to Professional Psychology |
| 2001 | **Deputy** **Chair**, Division of Health Psychology |
| 2000 | Commissioned to co-write **BPS** **Stage** **2** **Qualification** in Health Psychology |
| 1999-2000 | **Chair**, Division of Health Psychology**Vice** **Chair**, Training Committee, Division of Health Psychology**Member of BPS Council** |
| 1998-1999 | **Vice Chair**, Division of Health Psychology**Chair**, Division of Health Psychology Training Committee |
| 1996-1998 | Consultative working group on NVQs in Applied Health Psychology |
| 1994-1997 | Health Psychology Special Group Training sub-committee |
| ***University College London (UCL)*** |
| Executive Group, UCL’s Human Wellbeing ChallengeLead, Behaviour Change theme of UCL’s Population Sciences DomainLead, Implementation Theme, UCL Partners Mental Health ProgrammeMember, UCL Human Behaviour Network |

***Reviewing***

***Journals***

American Journal of Human Genetics; American Journal of Infection Control; American Journal of Medical Genetics; American Journal of Public Health; Annals of Human Genetics; Behavioural and Cognitive Psychotherapy; British Journal of Clinical Psychology; British Journal of Health Psychology; British Journal of Medical Psychology; British Journal of Obstetrics and Gynaecology; British Journal of Psychology; British Medical Journal; Community Dentistry and Oral Epidemiology; Cochrane Reviews; Community Genetics; European Journal of Gastroenterology and Hepatology; European Journal of General Practice; European Journal of Human Genetics; European Journal of Sports Sciences; Fetal Diagnosis and Therapy; Health Care Management Review; Health Education & Research; Health Expectations; Health Policy and Planning; Health, Risk & Society; Health Education Research; Health Policy and Planning; International Archives of Occupational and Environmental Health; International Journal of Mental Health; International Journal for Quality in Health Care; Journal of Consulting and Clinical Psychology; Journal of Genetic Counseling; Journal of Gerentology; Journal of Health Psychology; Journal of Health Services Research and Policy; Journal of Medical Ethics; Journal of Medical Genetics; Journal of Mental Health; Journal of Occupational and Environmental Medicine; Journal of Psychosomatic Medicine; Journal of Psychosomatic Research; Journal of Reproductive and Infant Psychology; Journal of Social and Clinical Psychology; The Lancet; The Lancet Oncology; Medical Principles and Practice; New Genetics and Society; Occupational and Environmental Medicine; Patient Education and Counseling; Physical Therapy; Psychological Bulletin; Psychology and Health; Psychology, Health and Medicine; Psycho-Oncology; Public Health; Public Library of Science; Social Science and Medicine; Therapeutics and Clinical Risk Management; Vaccine.

***Research Bodies***

*UK:* Medical Research Council, Economic and Social Research Council; The Wellcome Trust; National Institute of Health Research; NHS Health Technology Assessment programme; NHS Service Delivery and Organisation R&D; Department of Health (Health and Social Care Directorate); NHS Executive regional R&D; Chief Scientist’s Office (Scotland); Cancer Research UK; Cancer Research Campaign; Diabetes UK; Tenovus: the Cancer Charity.

*International:* Social Sciences and Humanities Research Council of Canada; Dutch Cancer Society; Dutch Diabetes Research Foundation; Dutch Kidney Foundation; Netherlands Heart Foundation; Netherlands Prevention Risk Communication Programme; Alberta Children’s Hospital Foundation Canada; Health Services Board (Ireland); Health Research Council of New Zealand; Swiss National Science Foundation.

***Publishers***

Kings Fund; Sage Publications Ltd; Elsevier Science; Harcourt Publishers; Mind Tools Corporation.